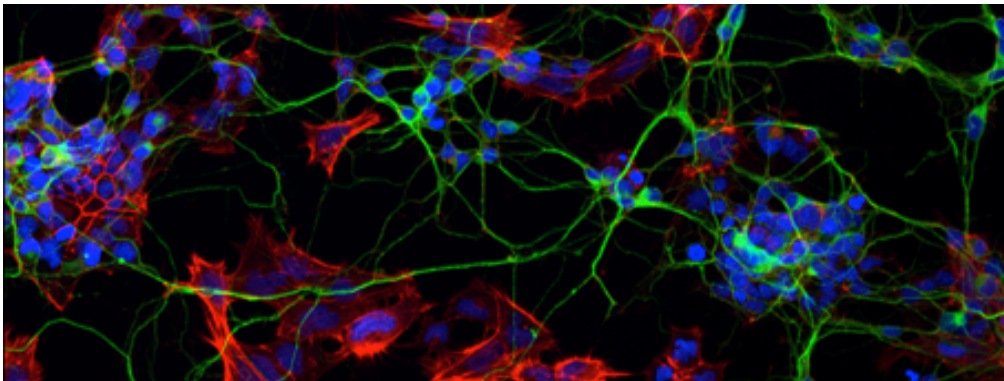


INTRACELLULAR FLOW CYTOMETRY

Validation and Optimization

Edward Verwayen



Cell Signaling

TECHNOLOGY®



Agenda

Part 1:

Introduction to Cell Signaling Technology

What is intracellular Flow Cytometry

Antibody validation for Flow Cytometry

Fluorescent-conjugated antibodies

Part 2:

Protocol optimization for the detection of intracellular targets

Uses of intracellular Flow Cytometry

FAQ

Cell Signaling Technology (CST)

“To deliver the world’s highest quality research products that accelerate biological understanding and enable personalized medicine”



Dedicated to making high quality products

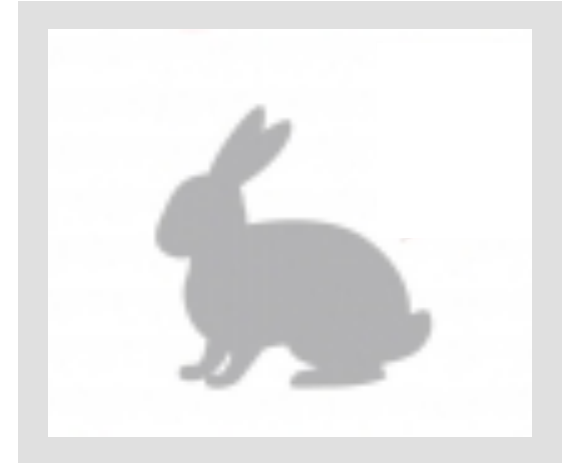
Rigorous validation of products in several applications

Technical support provided by CST scientists

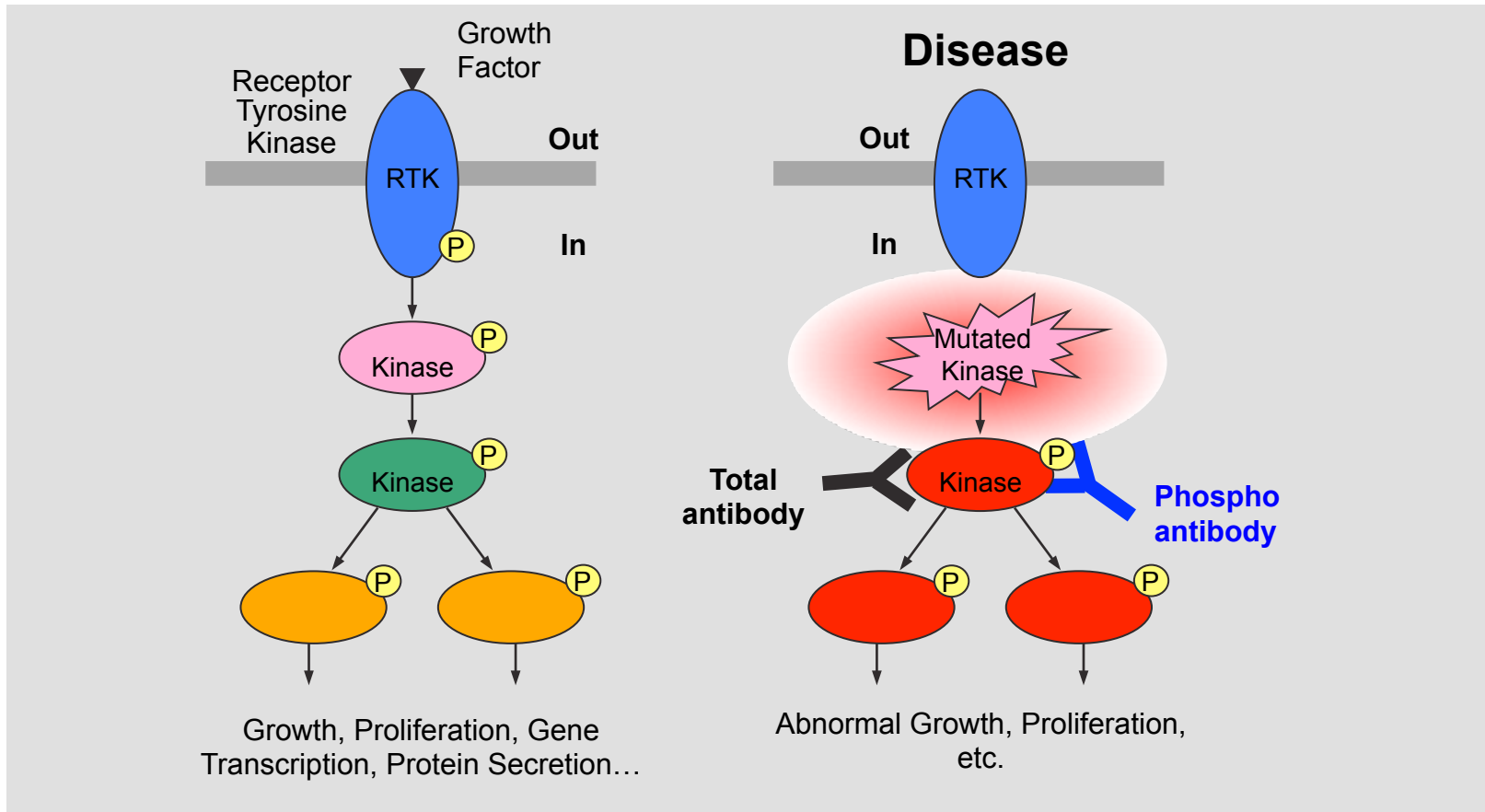


CST develops rabbit monoclonal antibodies

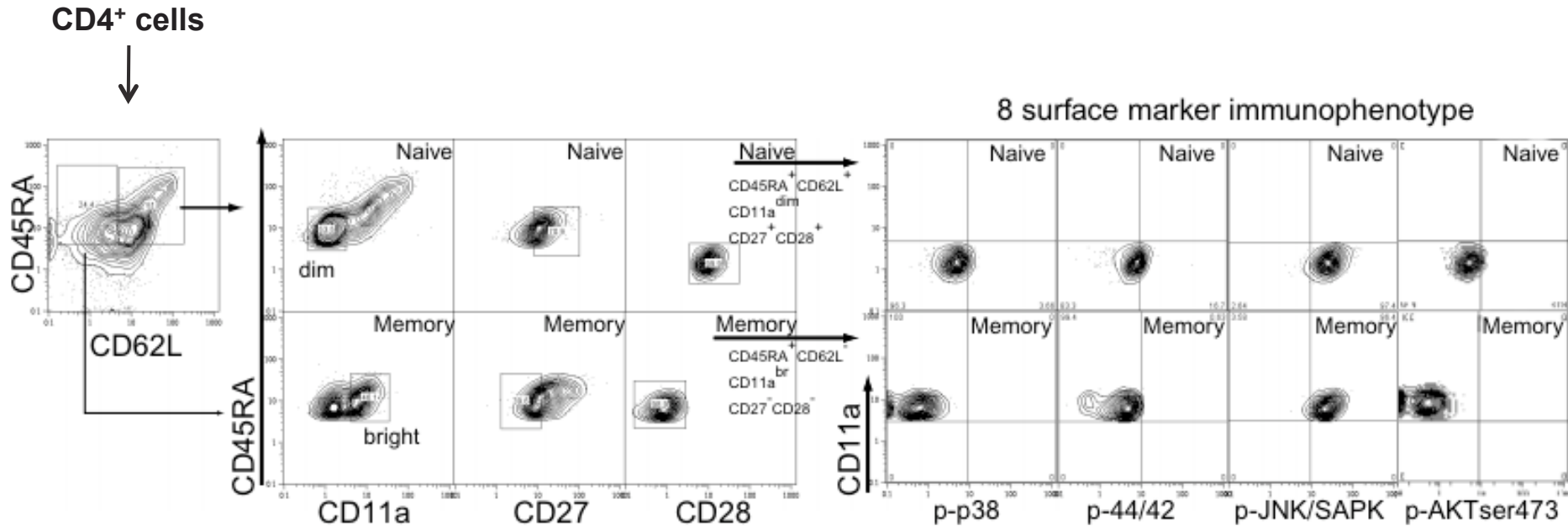
- Signal transduction targets are highly conserved in mice, rats and humans
- Rabbits elicit a stronger immune response
- Simpler structure:
 - No IgG subclasses
 - Fewer amino acids at the N-terminus and D-E loop
 - Extra light-chain disulfide bond gives greater stability
- Higher binding affinity: Increased sensitivity
- Robust reproduction



CST product expertise



How does intracellular flow cytometry work?

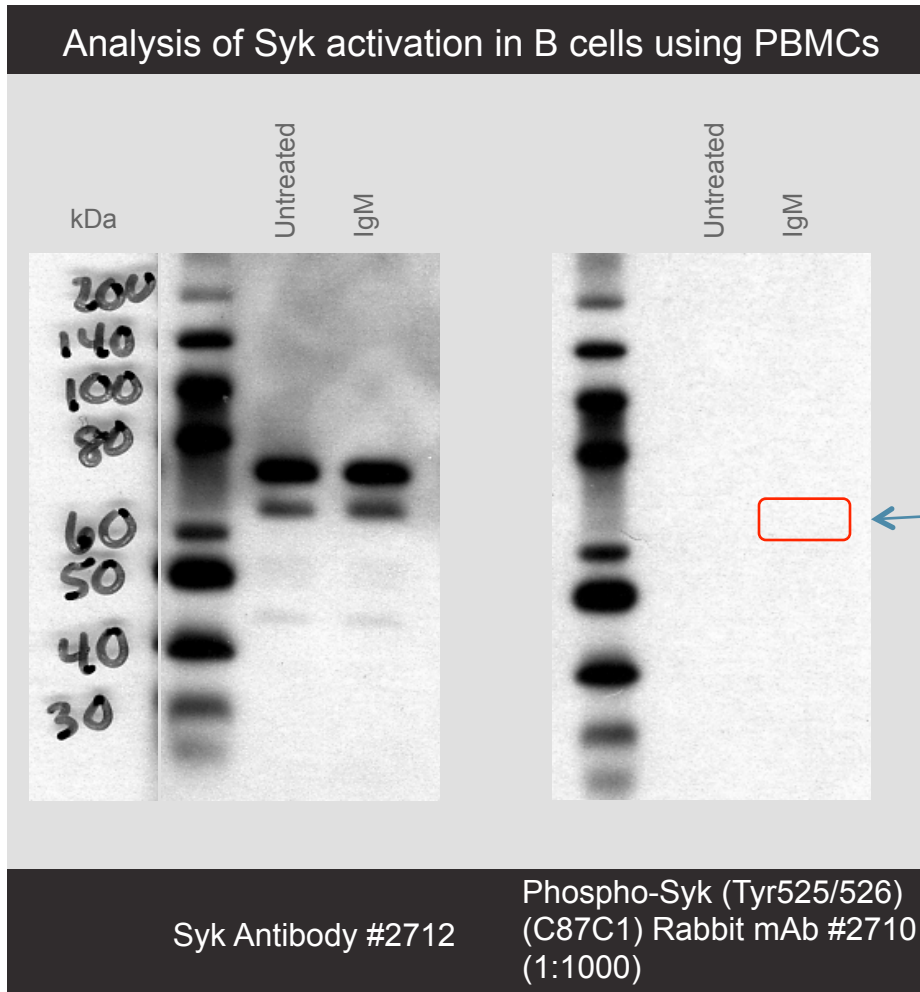


Perez & Nolan, 2002. Nat. Biotech.

Distinguish Th4 cell status

Memory and naïve Th4 cells display different protein activation status

Analysis of cellular signaling by western blot and flow cytometry

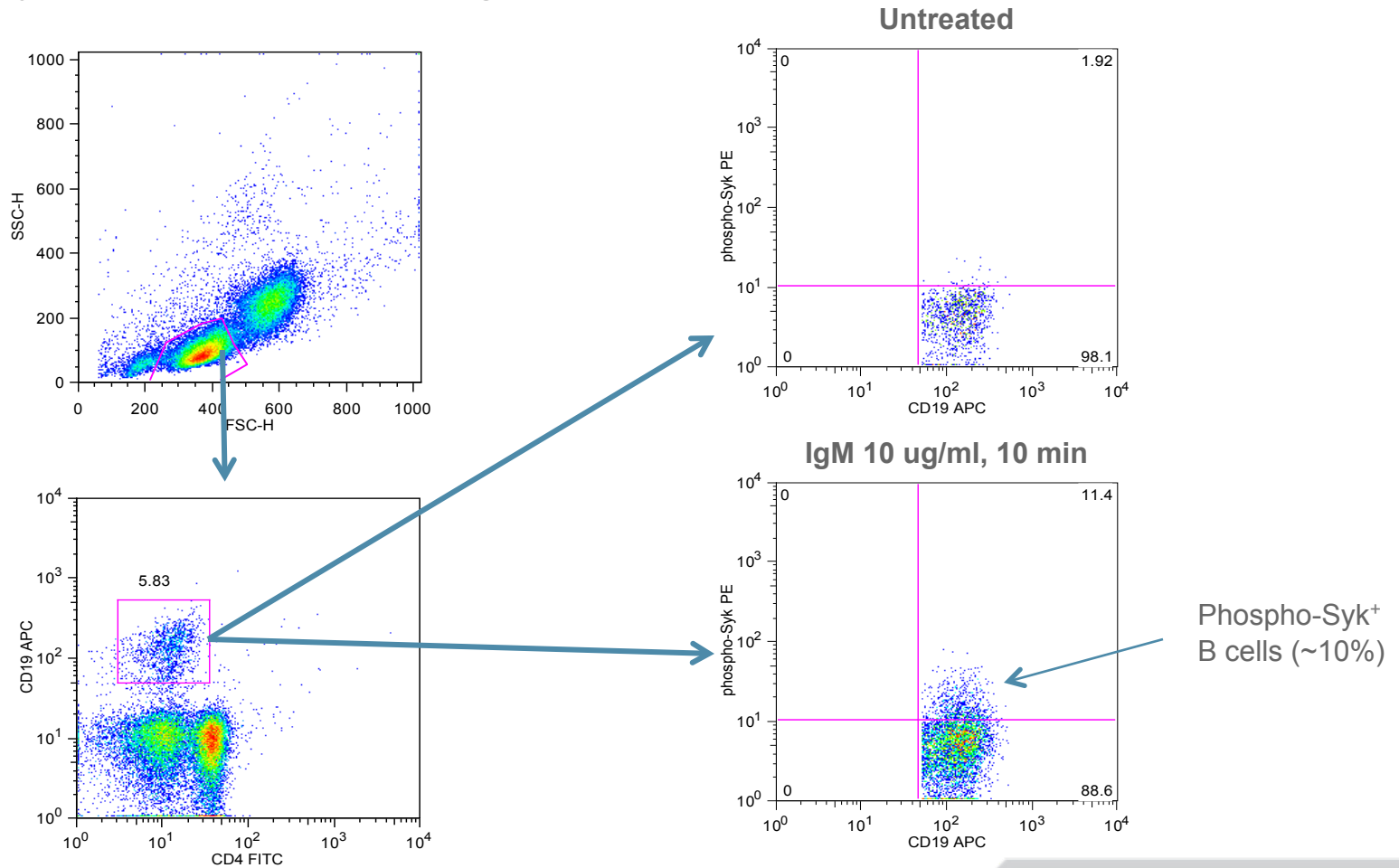


- Ability to analyze rare cell subsets

Expected p-Syk
(Tyr525/526)

Analysis of cellular signaling by western blot and flow cytometry

- Analysis of Syk activation in B cells using PBMCs



Antibodies for Intracellular Flow Cytometry

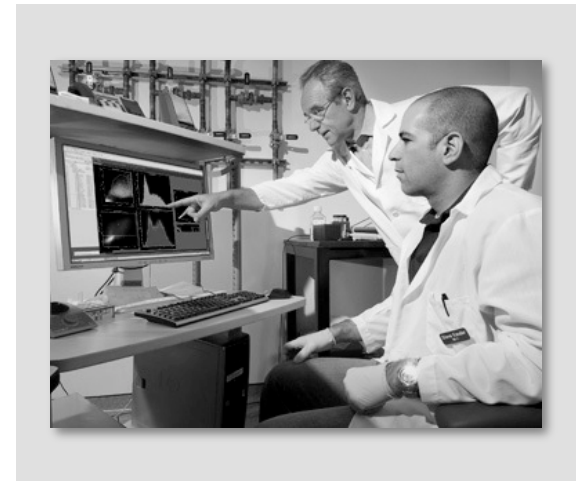
The importance of validation



Antibody validation at CST

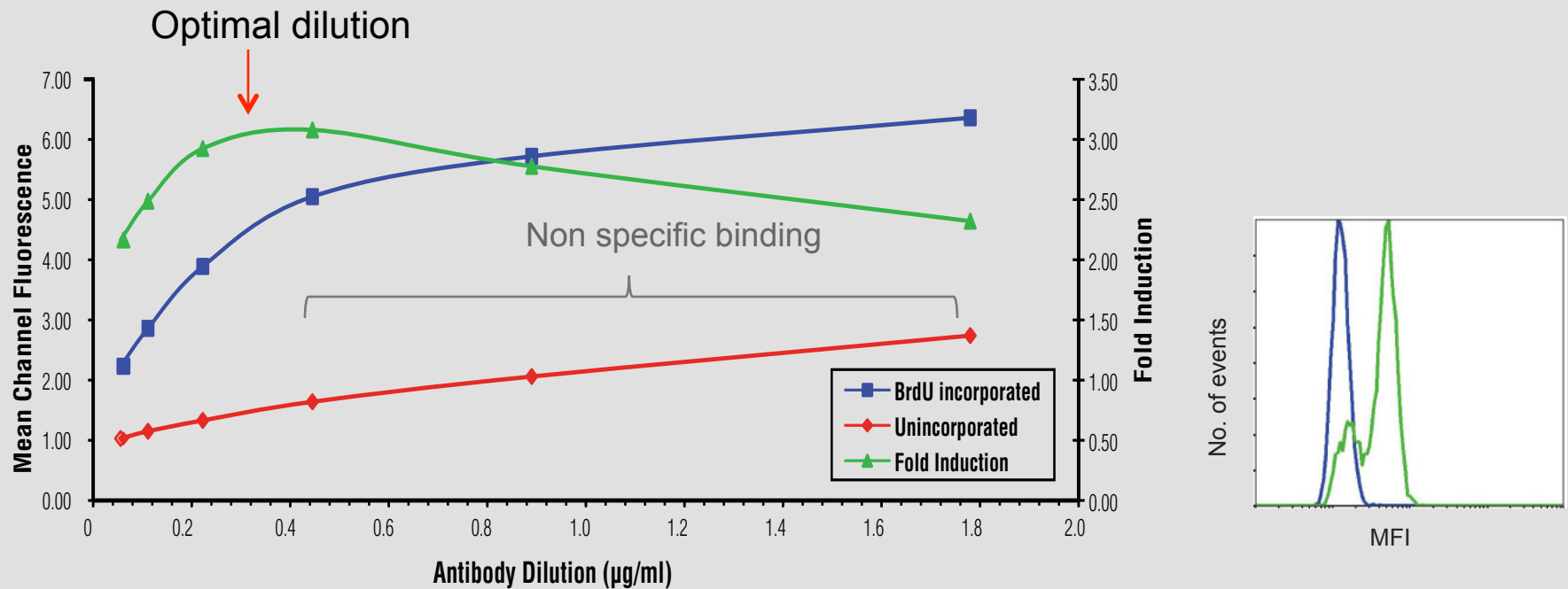
CST scientists follow a stringent validation protocol :

- Negative vs. positive control samples:
 - Expressing vs. non-expressing cell line
 - Modulated vs. un-modulated
 - Test antibody vs. isotype
- Signal to noise ratios
- Titration curve of S/N values to determine optimal working concentration
- Testing in multiple applications



Validation of flow cytometry antibodies: Performance

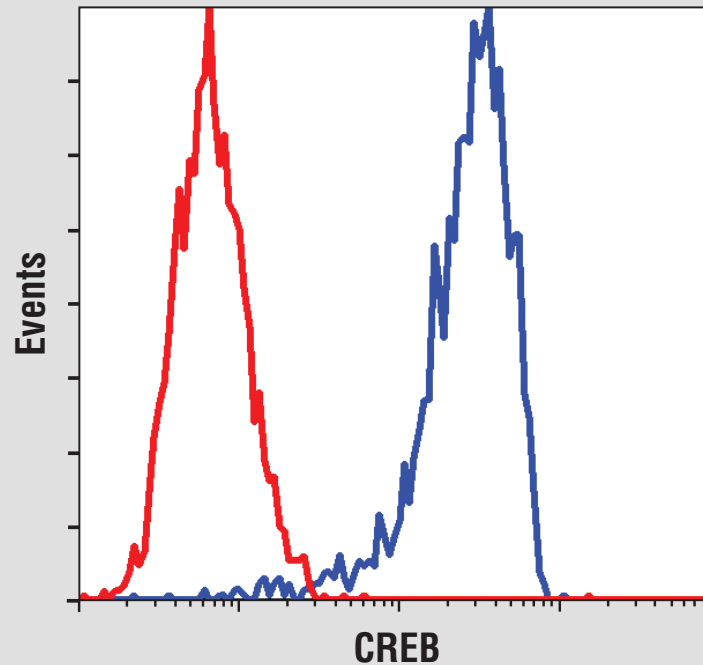
- Serial titration to determine optimal working dilution of each antibody



BrdU (Bu20a) Mouse mAb #5292

Validation of flow cytometry antibodies: Specificity

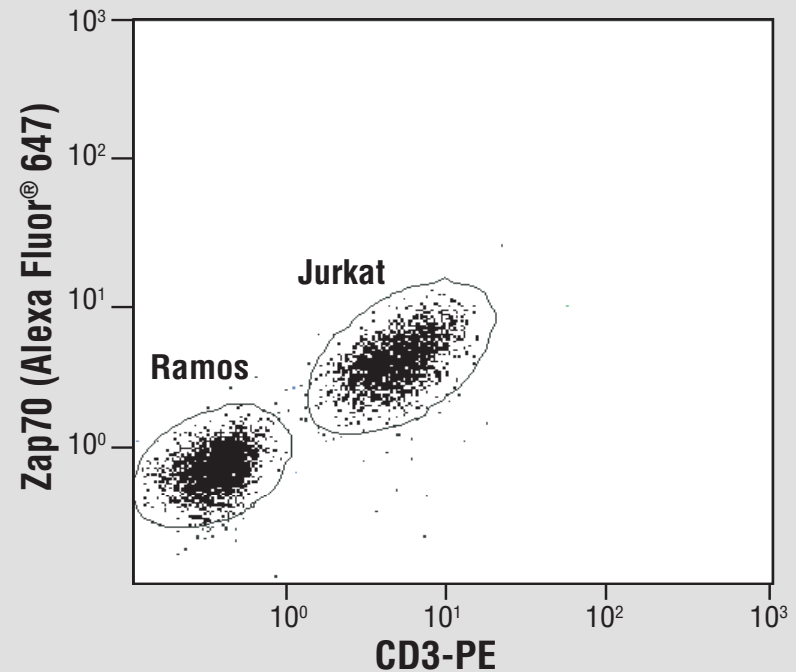
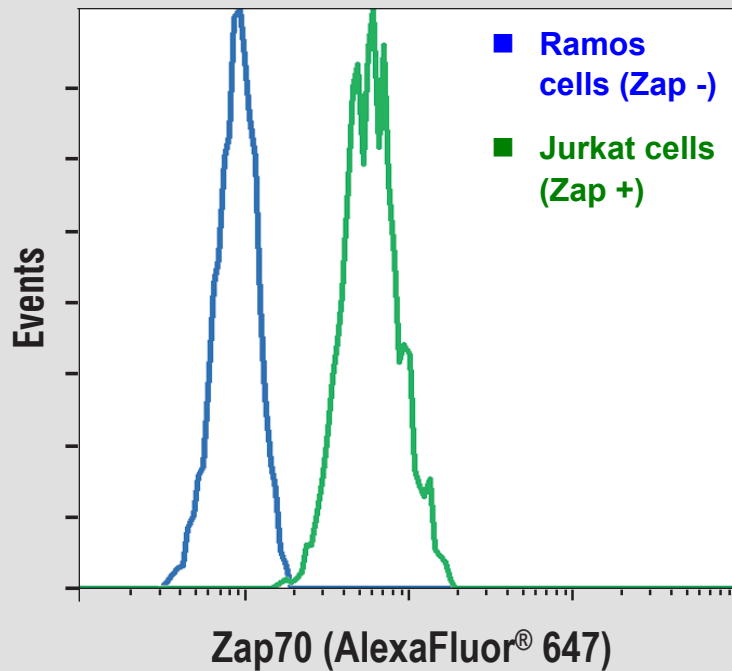
- Comparison with isotype control antibodies to distinguish specific from non-specific binding



- Rabbit (DA1E) mAb IgG XP[®] Isotype Control #3900
- CREB (D76D11) Rabbit mAb Antibody #4820

Validation of flow cytometry antibodies: Specificity

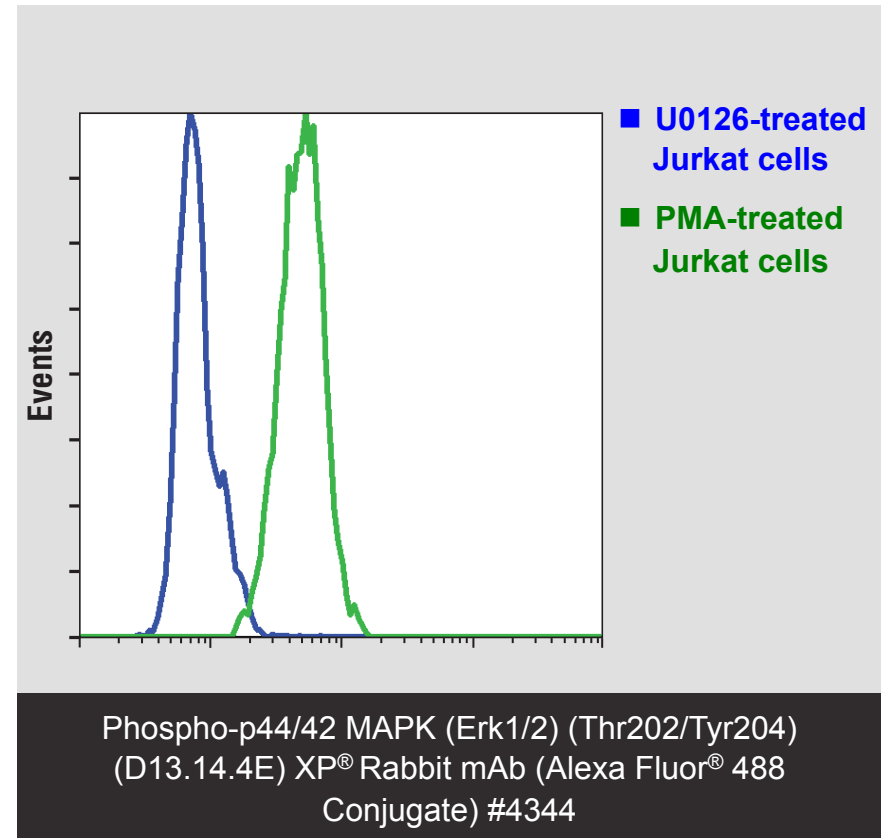
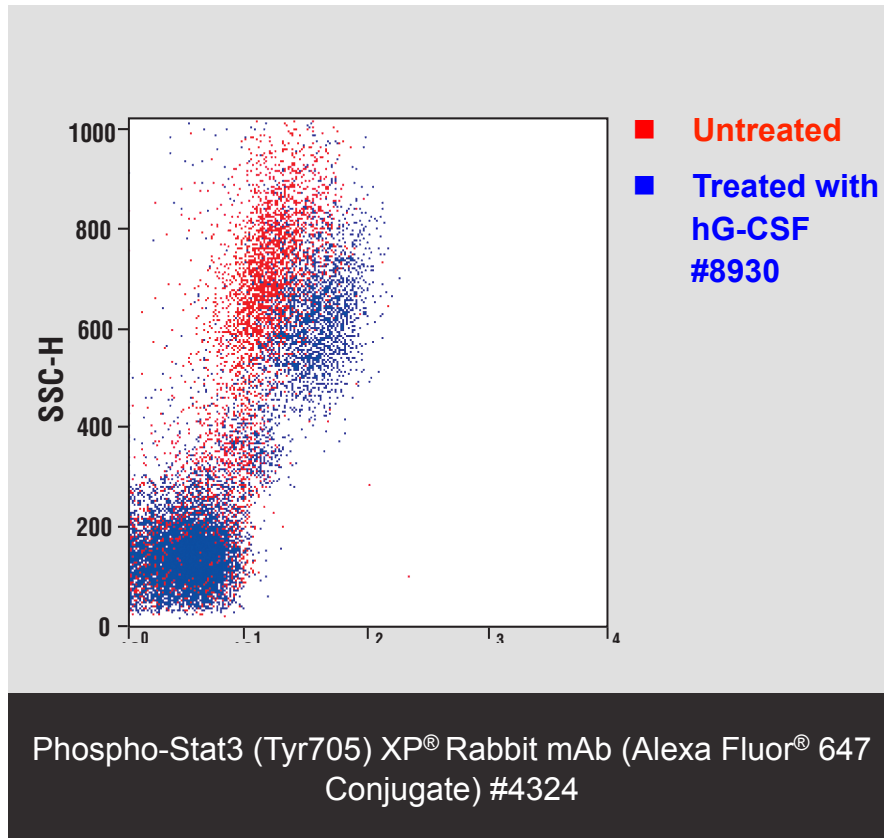
- Positive and negative cell line analysis to verify antibody specificity



Zap-70 (136F12) Rabbit mAb (Alexa Fluor® 647 Conjugate) #2707

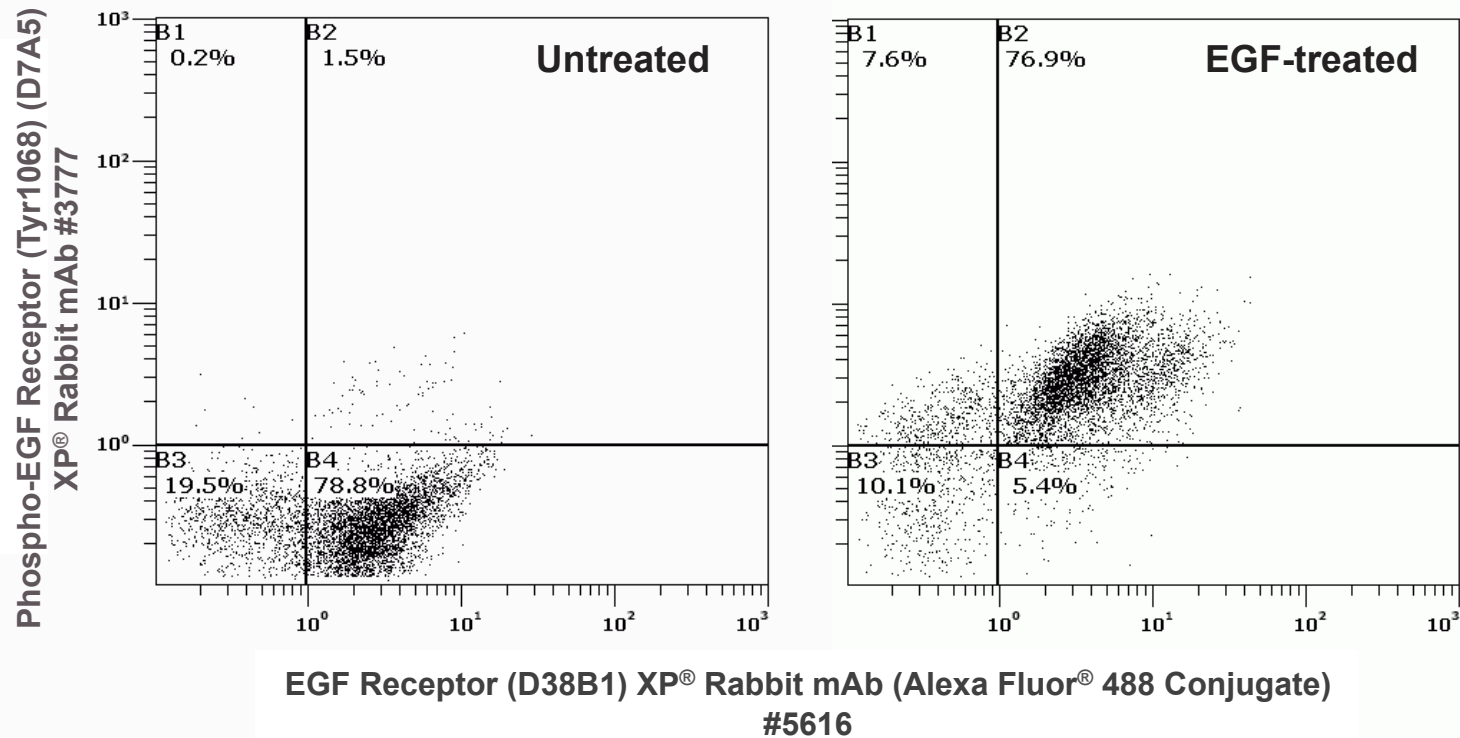
Validation of flow cytometry antibodies: Specificity

- Activation-state specificity testing using pathway-specific inhibitors or activators



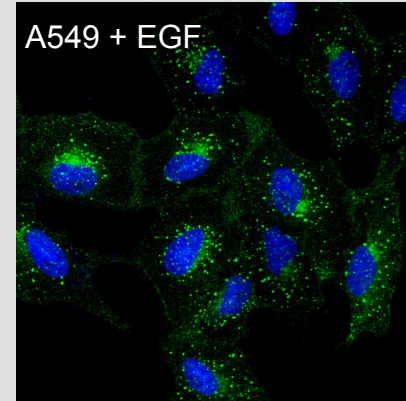
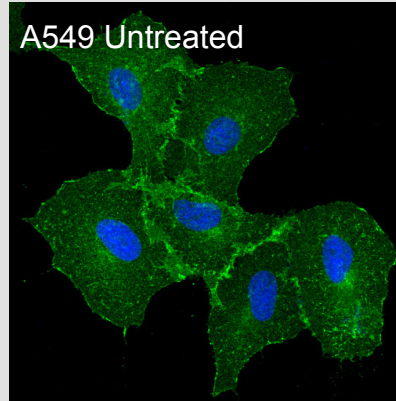
Validation in flow cytometry: Activation state-specific antibodies

- Phospho-specificity verified by simultaneous analysis of total and phosphorylated protein expression

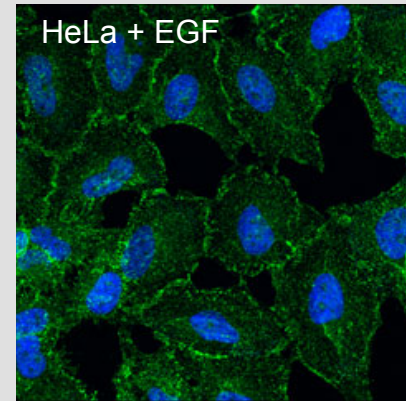
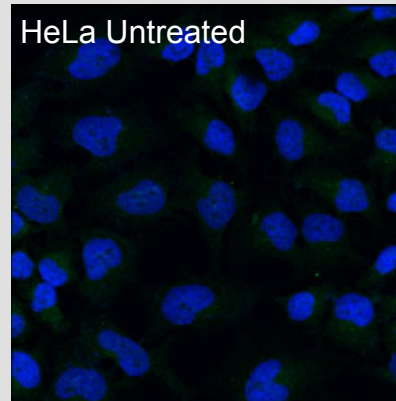


Validation in flow cytometry: activation state-specific antibodies

EGF Receptor (D38B1) XP[®]
Rabbit mAb #4267

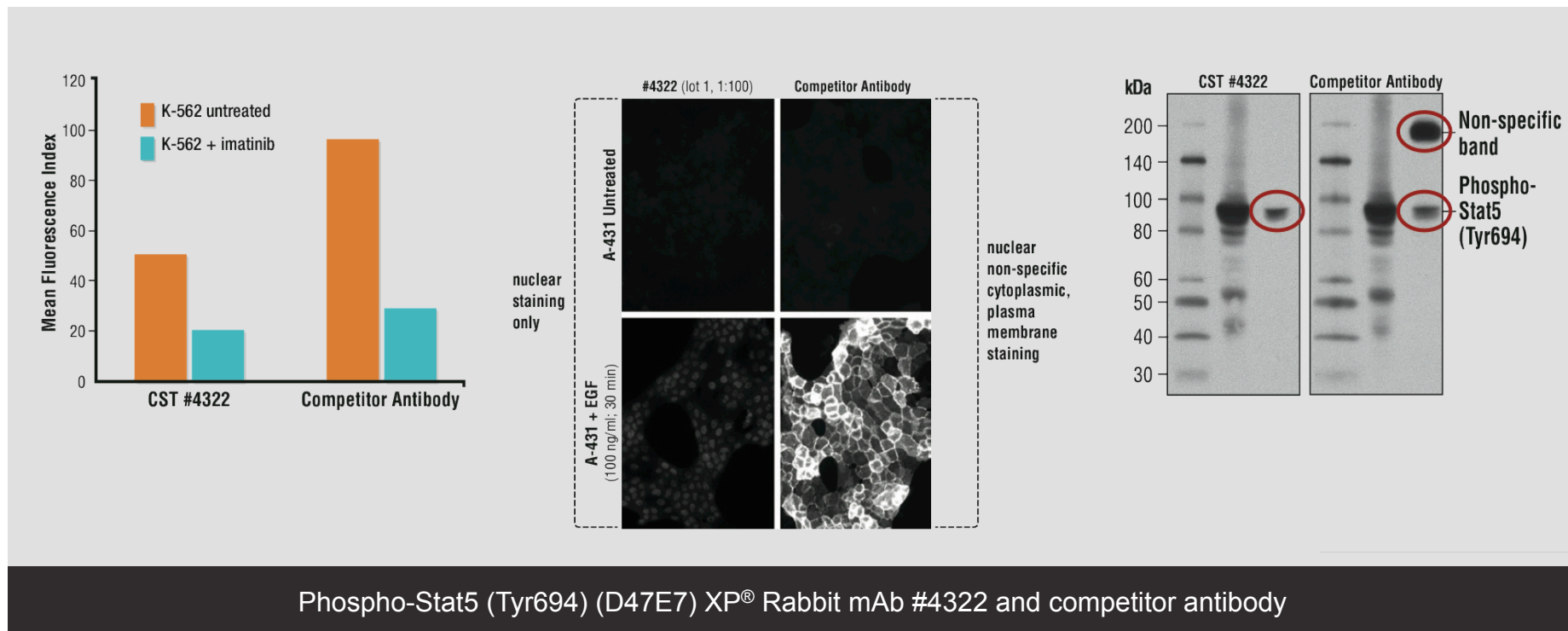


Phospho-EGF Receptor (Tyr1068) (D7A5) XP[®]
Rabbit mAb #3777

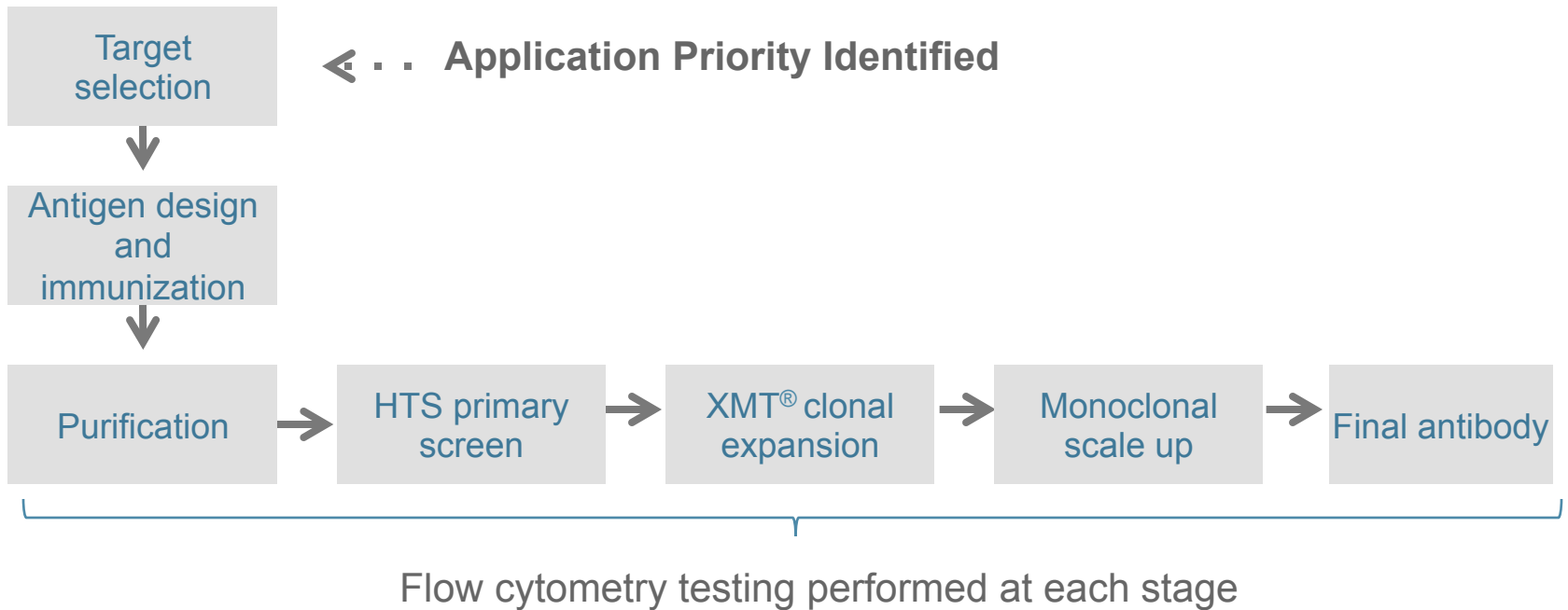


GREEN = antibody BLUE = DRAQ5[®] #4084 (nuclei)

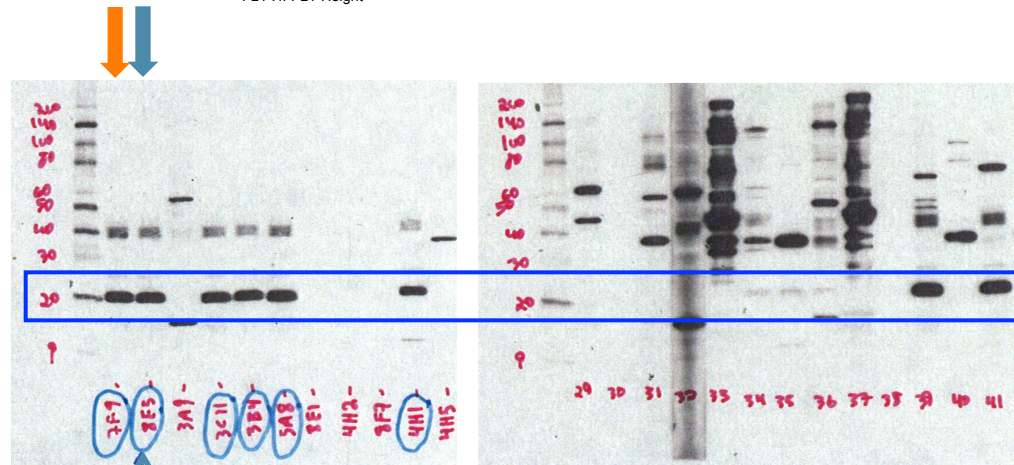
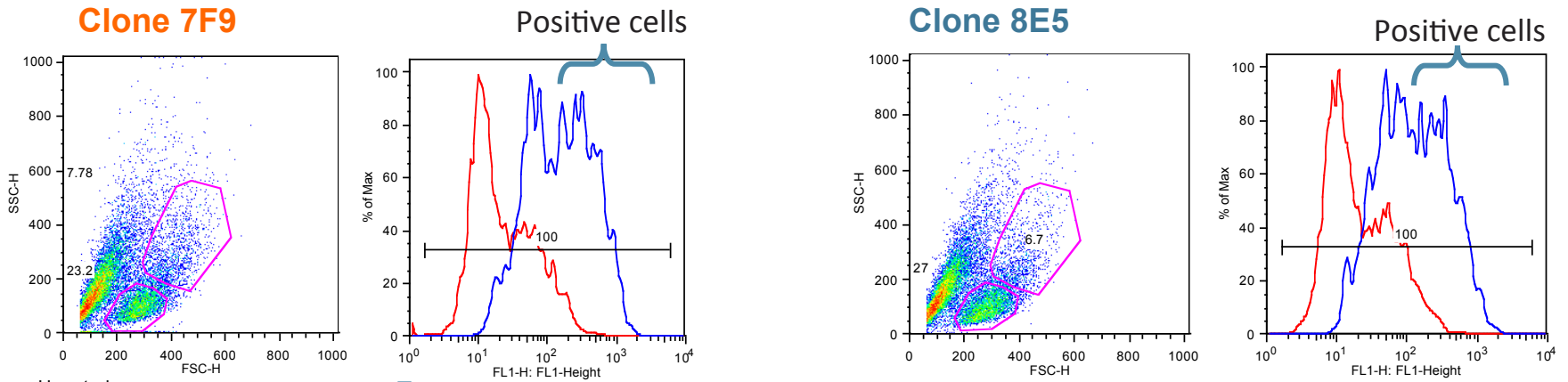
The importance of validating in multiple applications



Antibody development and flow cytometry testing



Flow cytometry screening during early antibody development

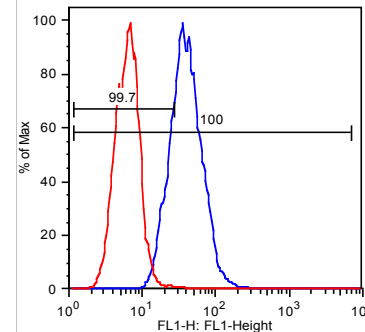
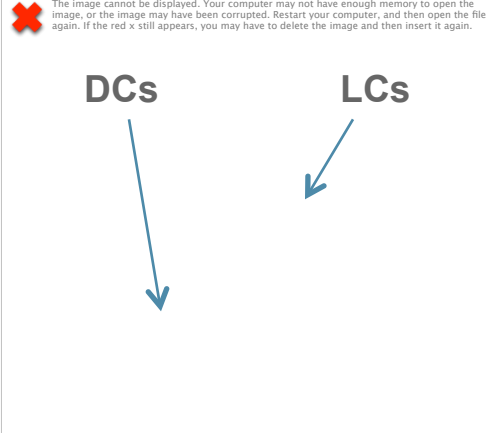
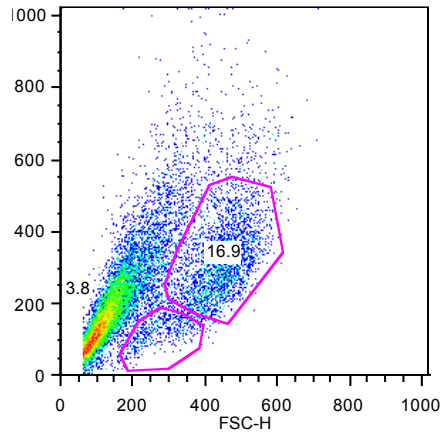
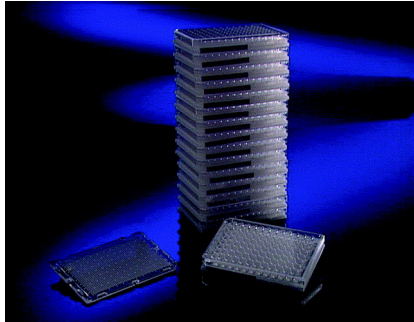


Western blot with flow cytometry positive clones

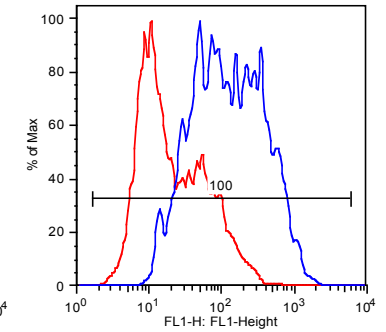
Clone 8E5

Western blot with ELISA positive clones

High throughput screen by flow cytometry



Clone selected



Clone failed

Antibody validation at CST

CST scientists follow a stringent validation protocol to provide you with:

- Antibodies with guaranteed specificity
- Antibodies guaranteed to work in your application
- An optimized protocol for each antibody



Is my antibody validated for flow cytometry?

Phospho-Akt (Ser473) (D9E) XP[®] Rabbit mAb #4060

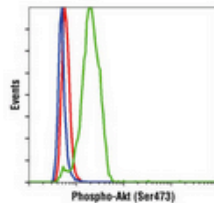
[PRINT](#)

All > [Category: Primary Antibodies](#) > Products

APPLICATIONS [PREV.](#) [NEXT.](#)

[WB](#)
[IP](#)
[IHC](#)
[IF](#)
[F](#)
[ChIP](#)

REACTIVITY	SENSITIVITY	MW (kDa)	Isotype
H M R Hm Mk Dm Z B	Endogenous	60	Rabbit IgG


[enlarge](#)

Flow cytometric analysis of Jurkat cells, untreated (green) or treated with LY294002 #9901, wortmannin #9951 and U0126 #9903 (blue), using Phospho-Akt (Ser473) (D9E) XP[®] Rabbit mAb compared to a nonspecific negative control antibody (red).

[Learn more about how we got this image](#)

Protocol

[collapse](#)

Antibodies for Flow Cytometry

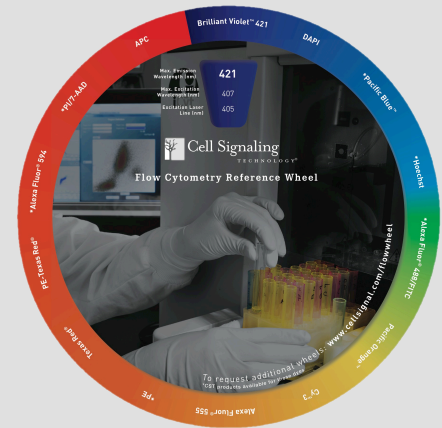
Fluorescently-labeled antibodies



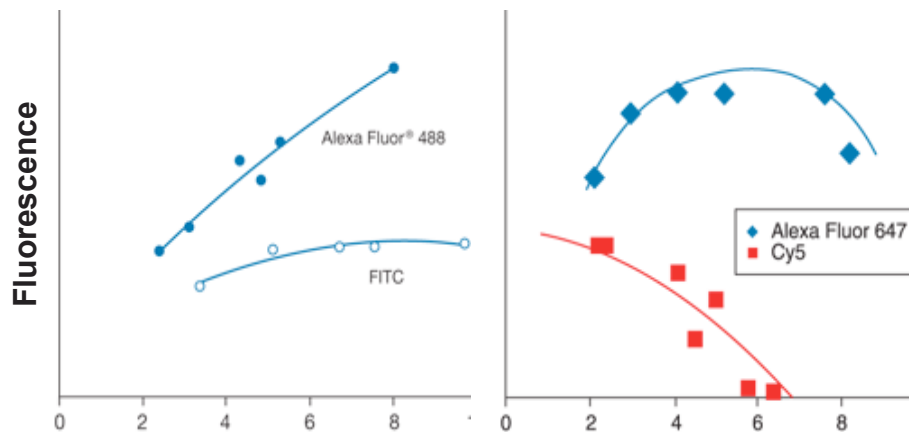
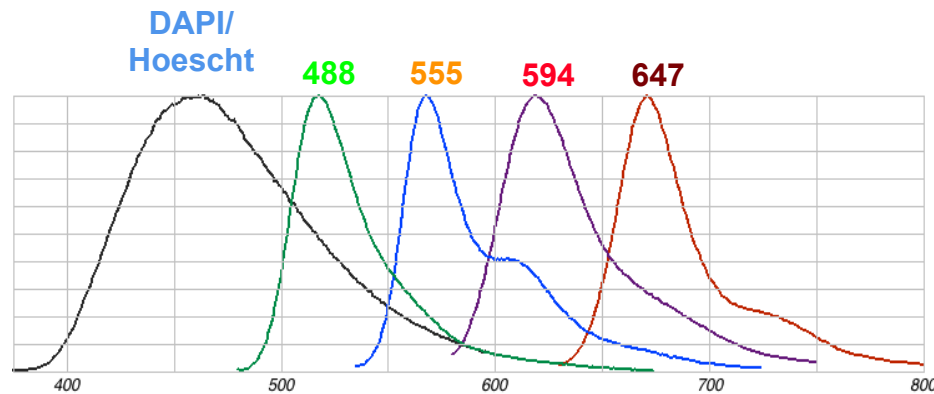
Conjugated antibodies at CST

Conjugated antibodies are required for multiplexing with flow cytometry

- CST™ antibodies plus:
 - AlexaFluor® 488, 555, 594, 647
 - Pacific Blue
 - R-Phycoerythrin (PE)
- Only antibodies validated for flow cytometry are conjugated
- Optimized in-house conjugation
- Tested and validated for fluorescent imaging and/or flow cytometry



Benefits of intracellular flow cytometry with AlexaFluor®



- Full spectrum coverage
- Brighter fluorescence output than similar fluorochromes
- Highly photostable
- Smaller: easier cell penetration
- Alexa 555 and 594 not regularly used for flow cytometry (561nm laser required)
- ***Custom conjugations on request on flow validated antibodies***

Protocol optimization

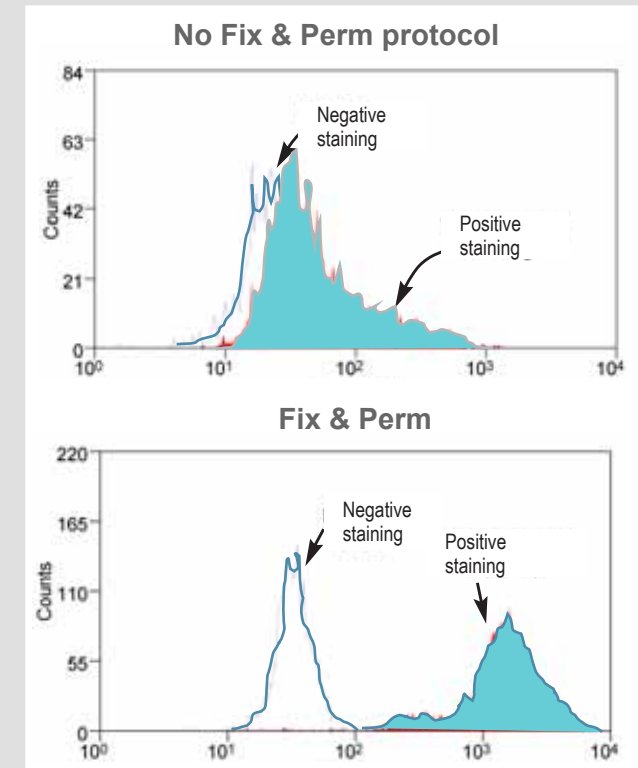
Detecting intracellular targets



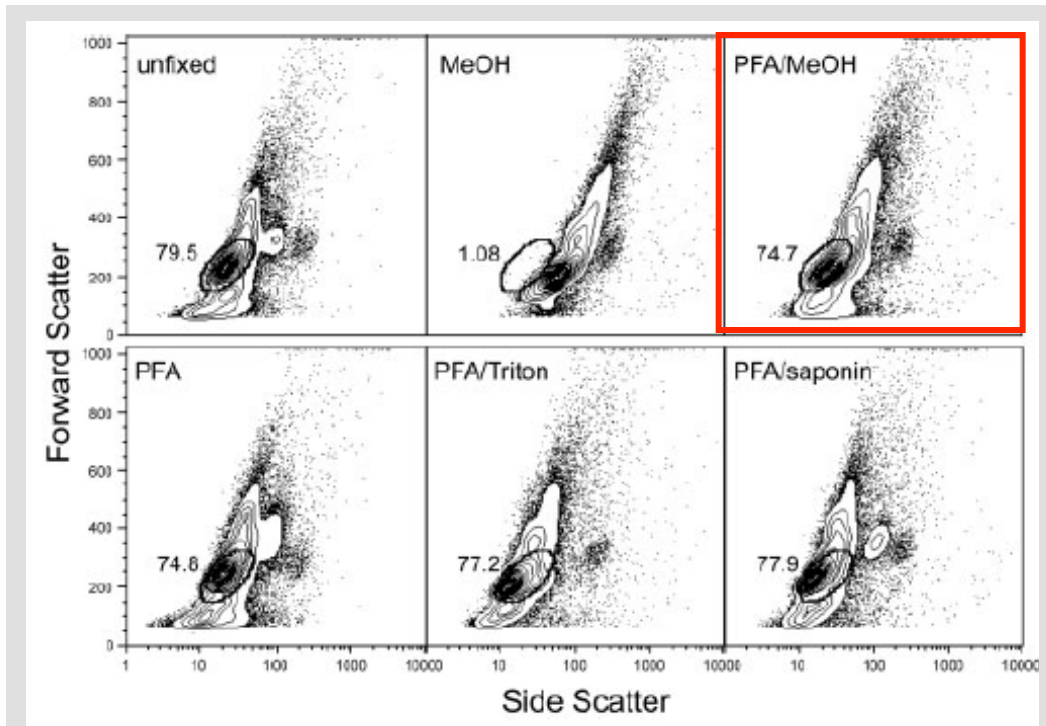
Preparing your samples for intracellular flow cytometry

Critical points for good flow cytometry

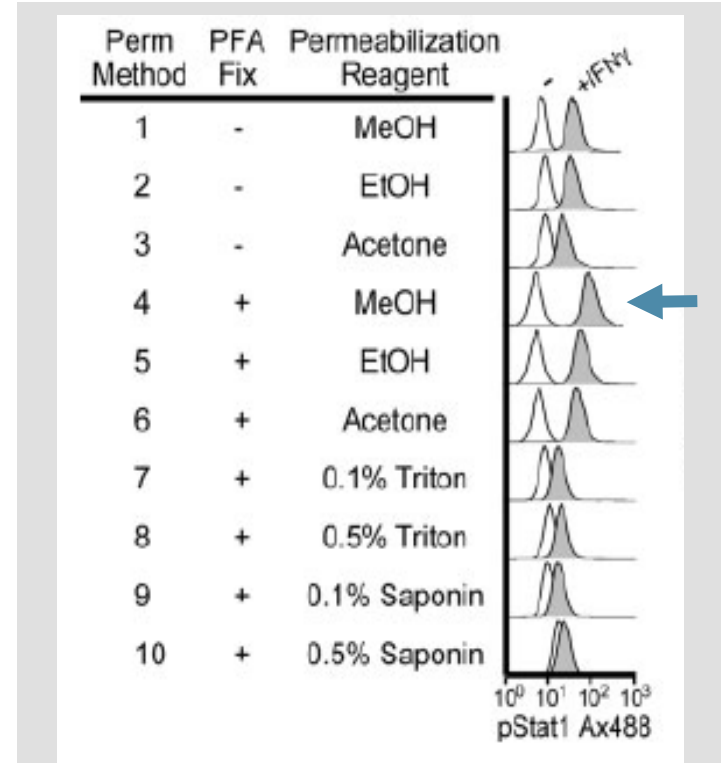
- Starting samples: cultured cells, adherent cells, blood, tissue-derived cells
- Cell manipulation
- Antibody specificity
- Cell *fixation and permeabilization*



The importance of fixation and permeabilization



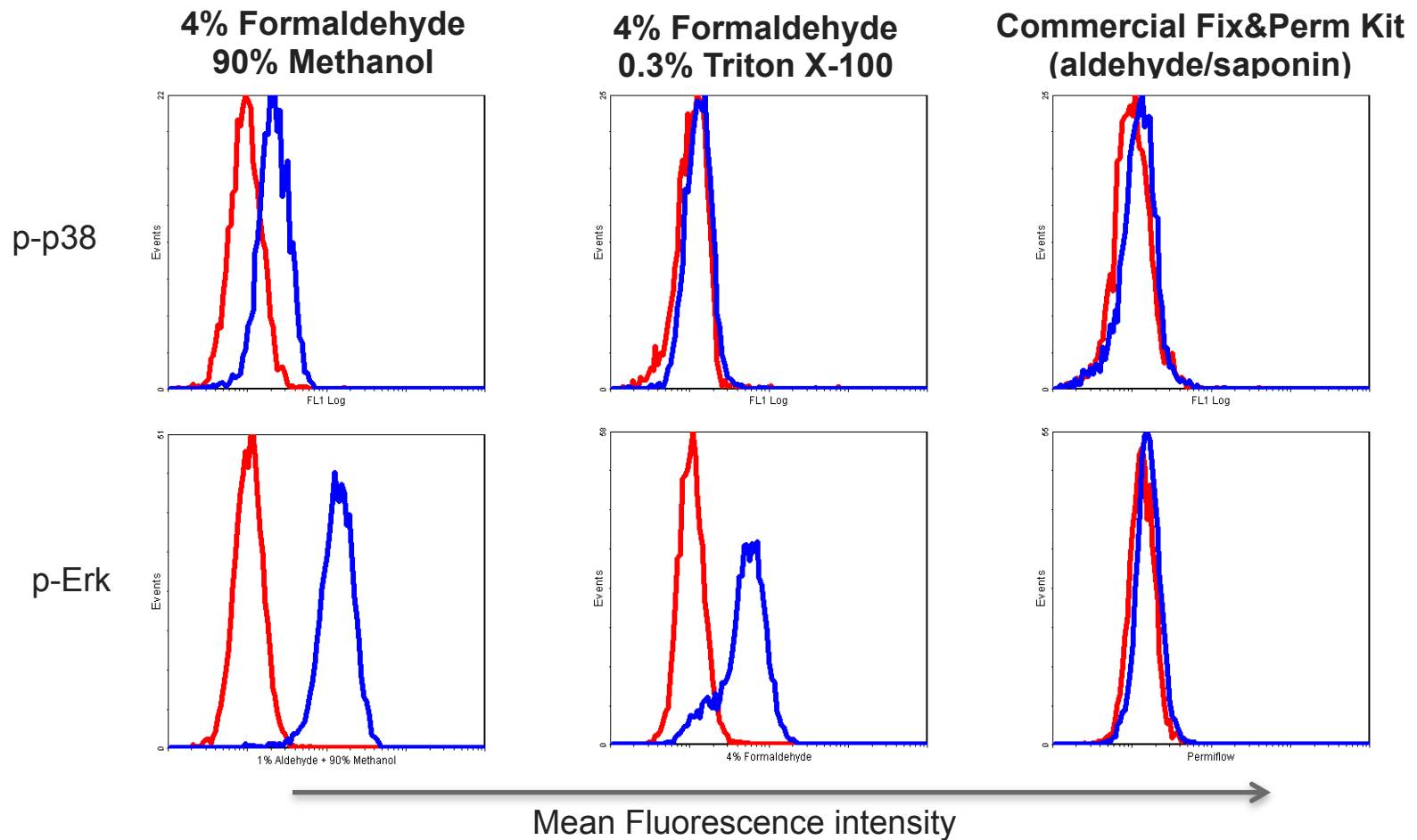
Forward/side scatter analysis



Analysis of phospho-Stat1

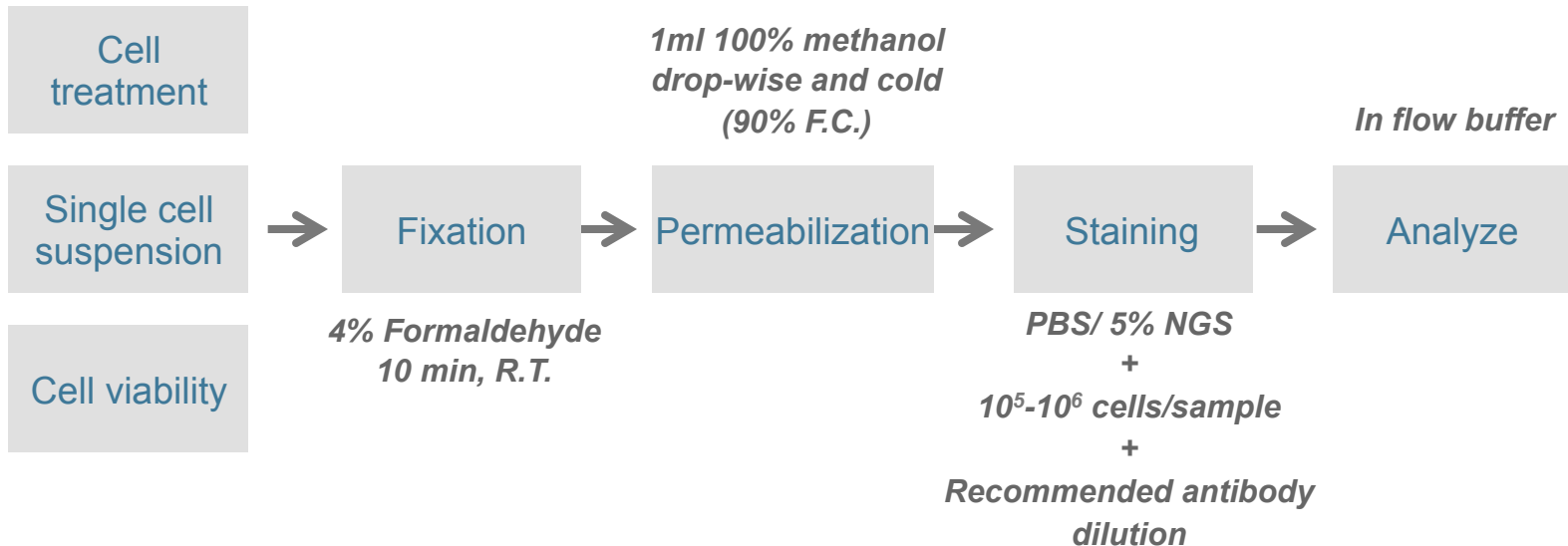
Krutzik and Nolan (2004) *Cytometry* 55A:61-70

The effect of fixation and permeabilization



Intracellular flow cytometry standard protocol

What is your starting material?



Many cell surface markers are sensitive to fix & perm and will not be recognized by the relevant antibodies after such procedures!

Alternate fix & perm protocol

A majority of surface markers are affected by methanol treatment: A different protocol is needed for the joint analysis of intracellular and surface markers

© 2005 International Society for Analytical Cytology

Cytometry Part A 67A:4-17 (2005)

Original Articles

Whole Blood Fixation and Permeabilization Protocol with Red Blood Cell Lysis for Flow Cytometry of Intracellular Phosphorylated Epitopes in Leukocyte Subpopulations

**Sue Chow,¹ David Hedley,^{1,2} Patricia Grom,³ Robert Magari,⁴
James W. Jacobberger,⁵ and T. Vincent Shankey^{3*}**

¹Department of Pathology, Princess Margaret Hospital, Toronto, Ontario, Canada

²Department of Medical Oncology and Hematology, Princess Margaret Hospital, Toronto, Ontario, Canada

³Advanced Technology Center, Beckman Coulter, Inc., Miami, Florida

⁴Cellular Analysis Center, Beckman Coulter, Inc., Miami, Florida

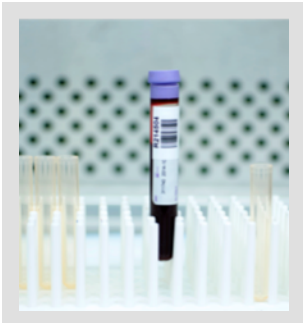
⁵Case Comprehensive Cancer Center, Cleveland, Ohio

Received 20 August 2004; Revision Received 7 March 2005; Accepted 20 April 2005

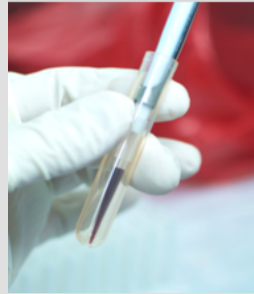
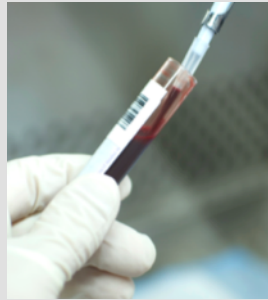
4% Formaldehyde + 0.1% Triton X-100 + 50% Methanol



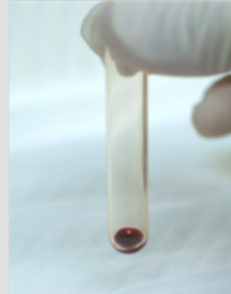
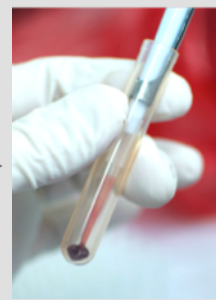
Flow cytometry alternate protocol



Collect blood in heparin or EDTA coated tubes



Aliquot 100ul of blood into a FACS tube; add treatment if necessary



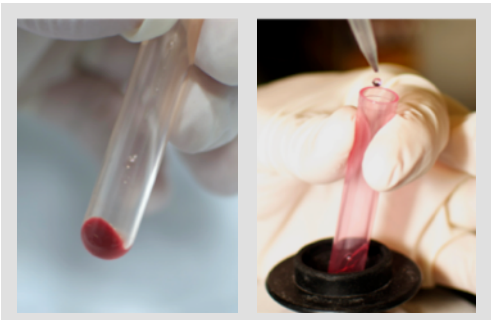
Add fixative; 15m, RT



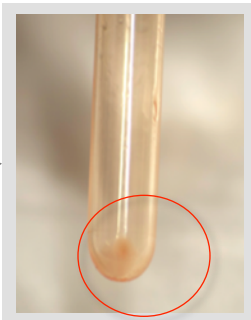
Add 1ml 0.1% Triton-X 100, 30m



Wash 2x (there may still be a pellet of RBCs)



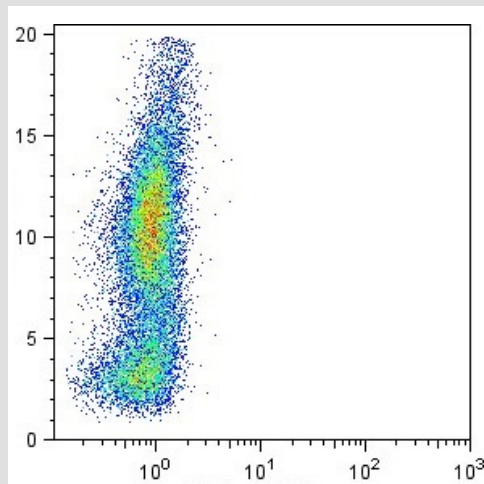
Aspirate supernatant. Add ice-cold 50% methanol drop-wise, while gently vortexing; 10m



*Add 1ml buffer and wash by centrifugation; remove supernatant
Add antibody diluted as recommended. Incubate 30m on ice, in the dark*

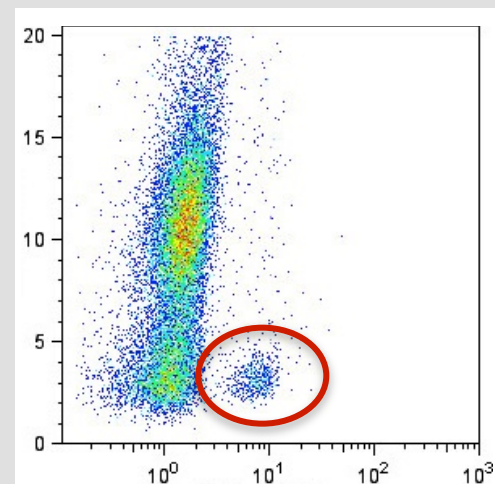
Comparing both fix and perm protocols

4% formaldehyde RT 10m
90% ice cold MeOH -20°C 10m



CD19 (FITC)

4% formaldehyde RT 10m
0.1% Triton X-100 RT 30m
50% ice cold MeOH at -20°C 10m

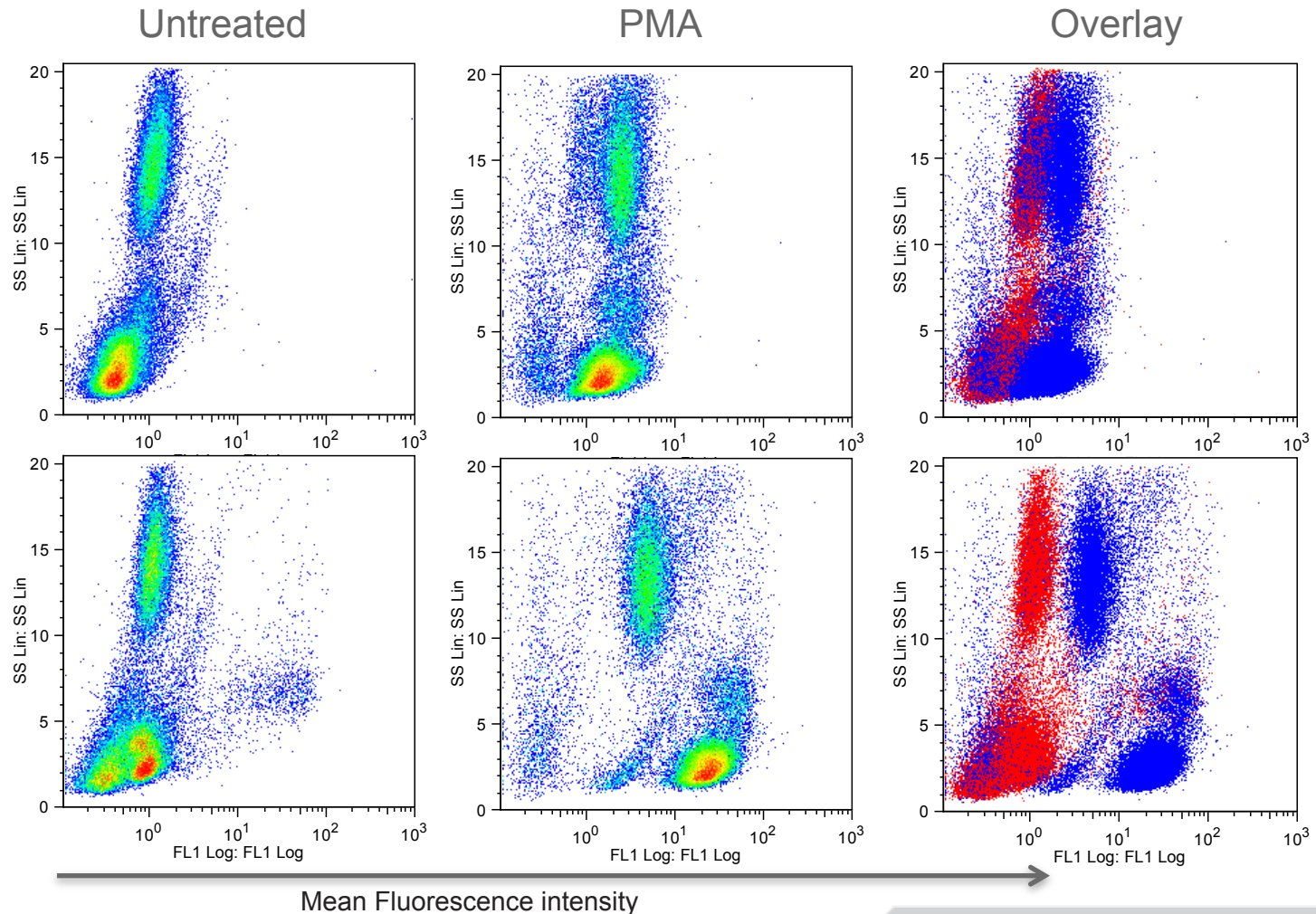


CD19 (FITC)

Alternate protocol preserves phospho-epitopes and dynamic range

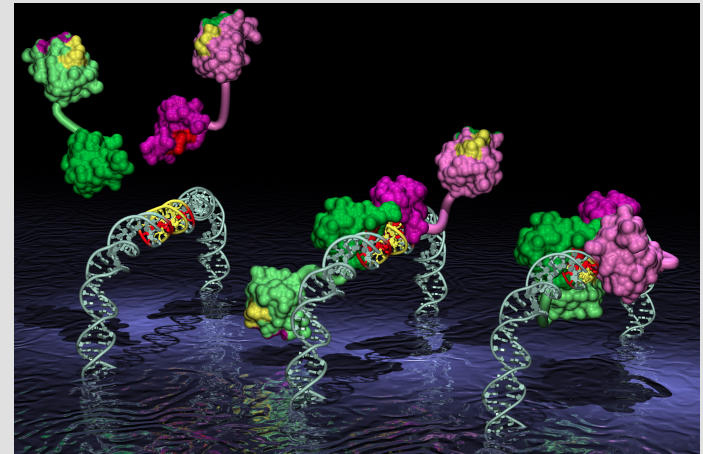
Phospho-p44/42 MAPK
(Erk1/2) (Thr202/Tyr204)
(D13.14.4E) XP® Rabbit
mAb (Alexa Fluor® 488
Conjugate) #4344

Phospho-S6 Ribosomal
Protein (Ser240/244)
(D68F8) XP® Rabbit mAb
(Alexa Fluor® 488
Conjugate) #5018



Fixation/Permeabilization protocol for transcription factors

- Some transcription factors are less accessible to antibodies
- Cross-linking of amine groups by 4% formaldehyde may be making the epitope inaccessible.
- **Modification of fix/perm protocol may be necessary:**
 - Fixation: 2% formaldehyde final concentration, 15 min. at room temp.
 - Permeabilization: 0.1% Triton X-100, 30min at room temp

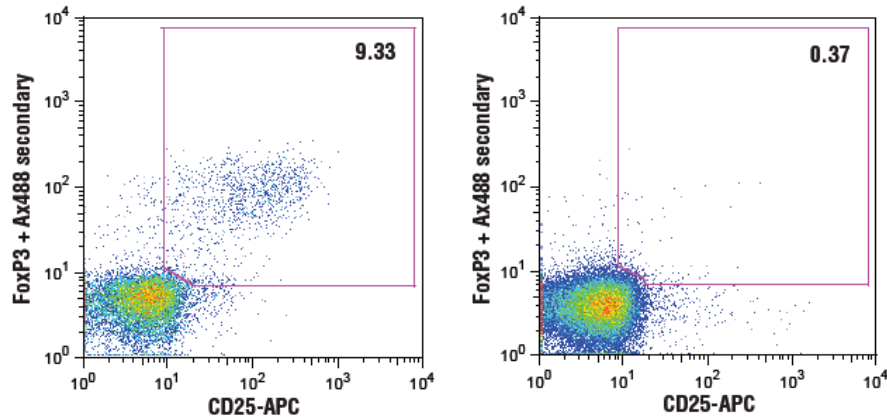


Ansgar Phillipsen, University of Basel

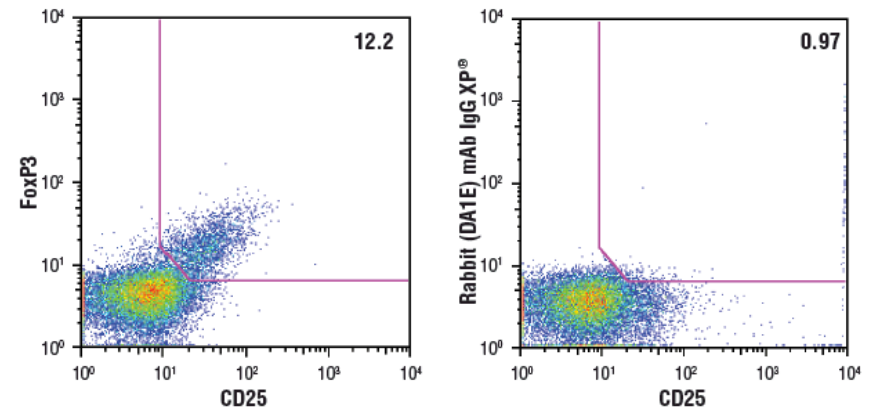
FoxP3⁺ T Regulatory cells (T-Regs)

- CD4⁺T Reg characterized by expression of forkhead transcription factor FoxP3

Mouse cells #12653



Human cells #12632



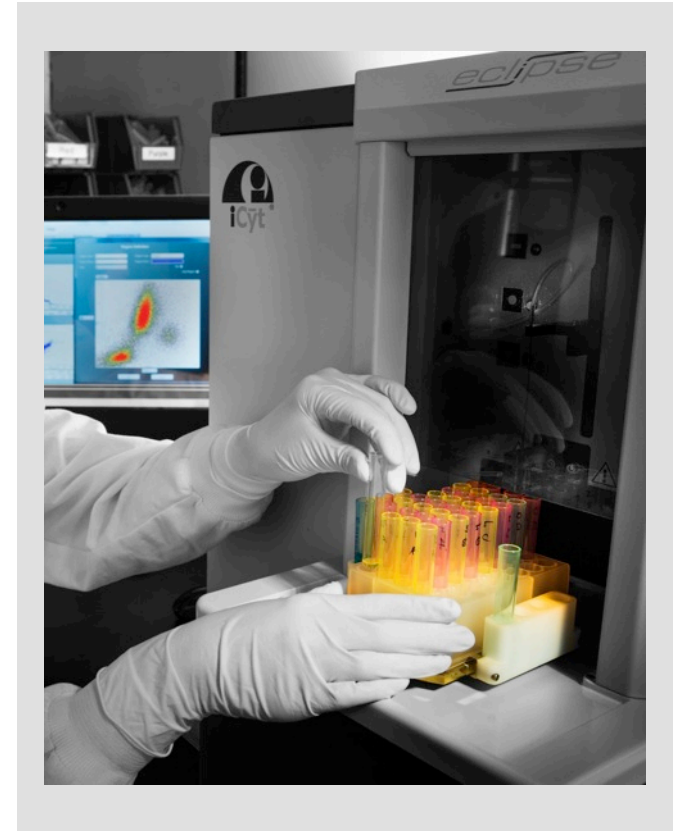
Uses of Intracellular Flow Cytometry

From the membrane to the nucleus



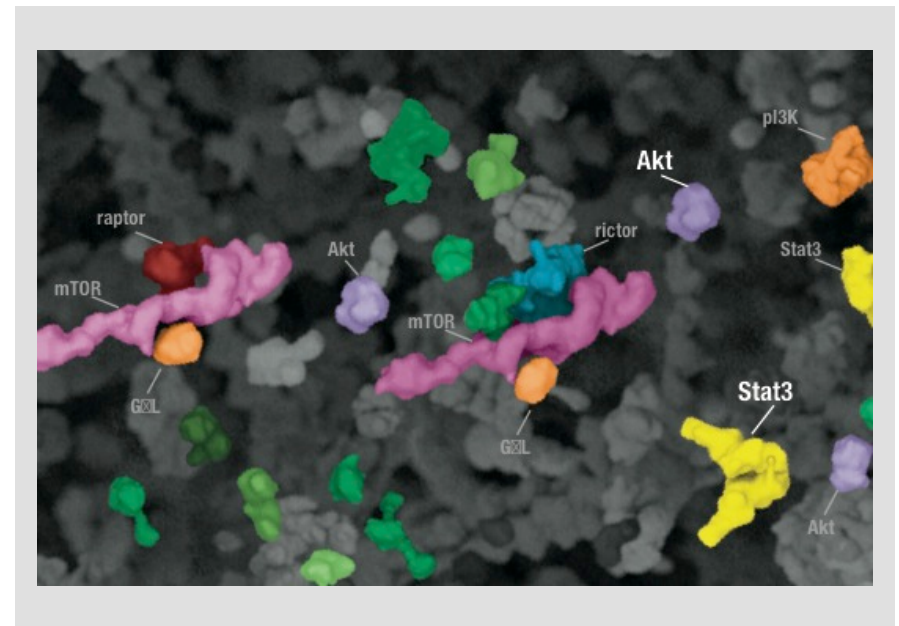
Uses of intracellular flow cytometry

- Active kinase states in cell subsets
- Identification of unique signaling profiles
- Analysis of cell cycle, apoptosis and autophagy
- Pluripotency and stem cells
- Metabolic responses



Intracellular flow cytometry and signaling

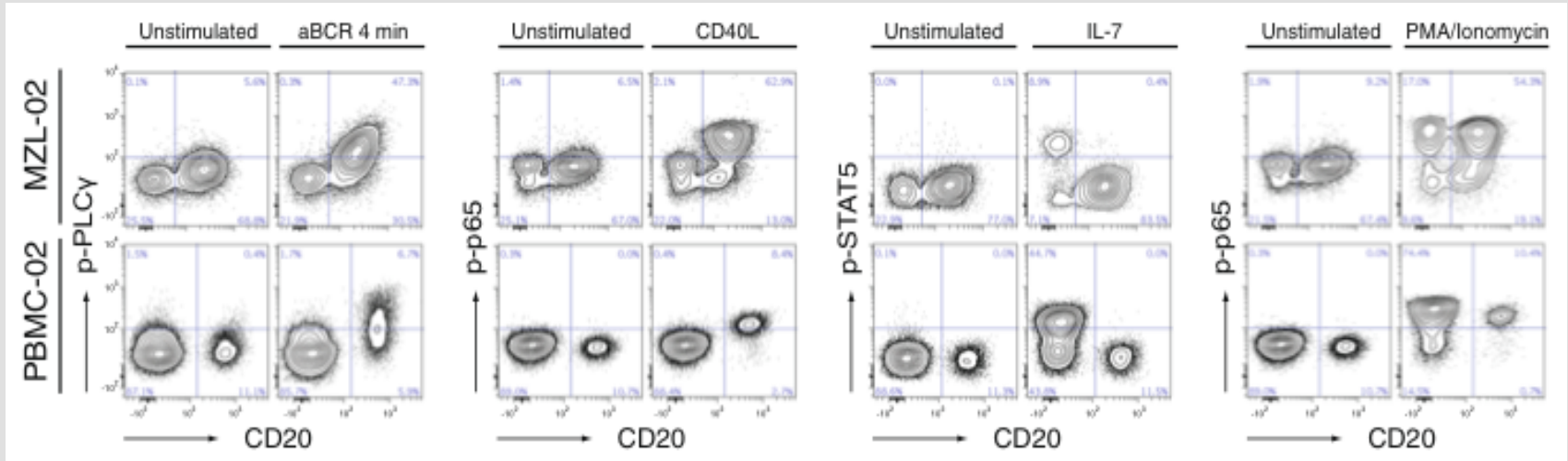
A combination of flow cytometry and activation-state specific antibodies enables the multi parametric analysis of intracellular complex biological processes in heterogeneous samples



Intracellular flow cytometry and cell signaling

Phospho-specific flow cytometry identifies aberrant signaling in indolent B-cell lymphoma

Egil S Blix^{1,2*}, Jonathan M Irish^{3,4}, Anne Husebekk⁵, Jan Delabie⁶, Lise Forfang⁷, Anne M Tierens⁶, June H Myklebust^{7†} and Arne Kolstad^{8†}

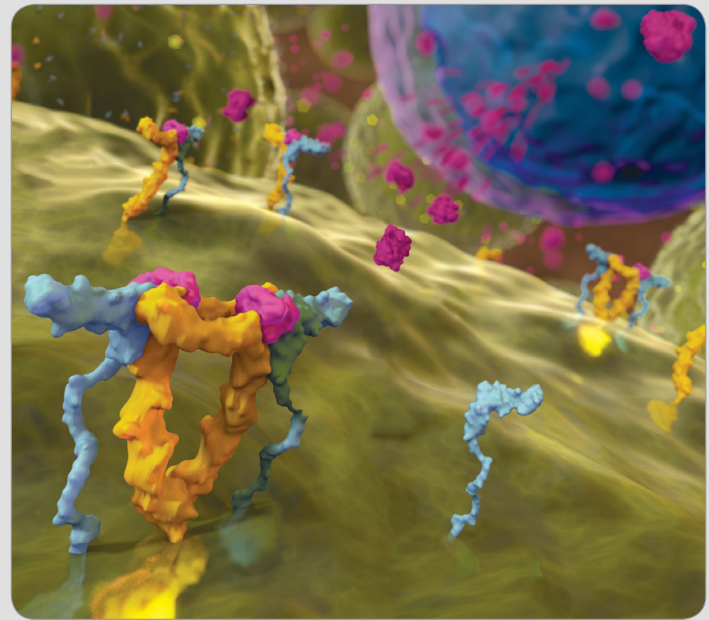


Basal and activation induced signaling samples from lymphoma patients and healthy donors, *BMC Cancer*, 2012

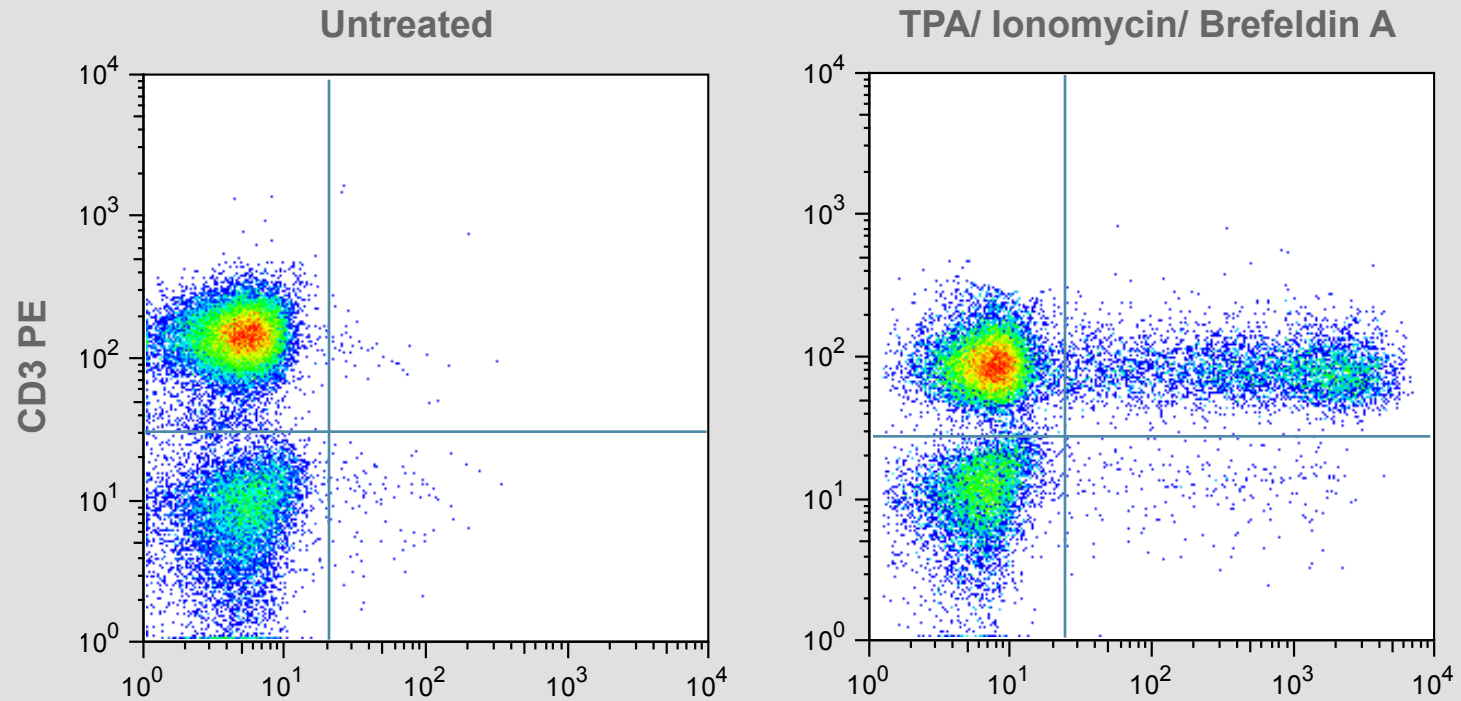
- Differences in signaling properties between B and T cell subsets from SLL/CLL and MZL patient samples
- Opportunity to personalize inhibitor treatment in B cell Lymphoma cells

Intracellular flow cytometry in immunology

Analysis of changes in the level of cytokines secreted by immune cells provides information about inflammatory responses



Immunology: Analysis of inflammatory responses

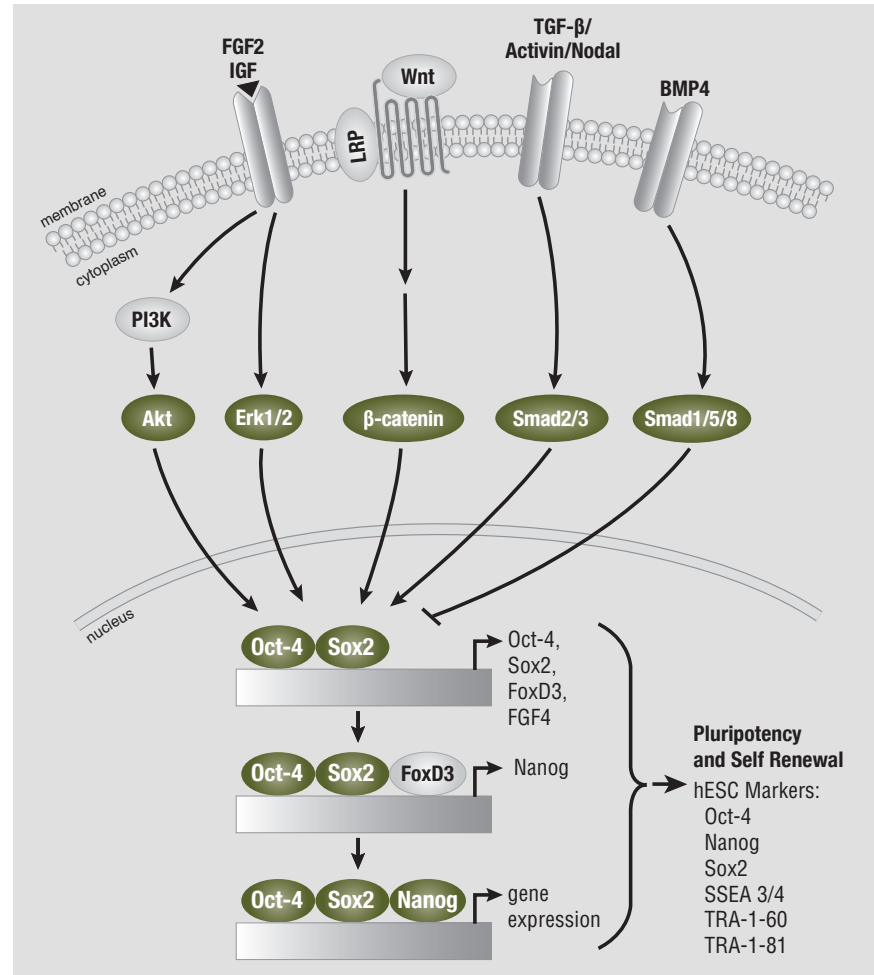


IFN- γ (D3H2) XP[®] Rabbit mAb #8455

Anti-rabbit IgG (H+L), F(ab')₂ Fragment (Alexa Fluor[®] 647 Conjugate) #4414

Stem cell analysis by intracellular flow cytometry

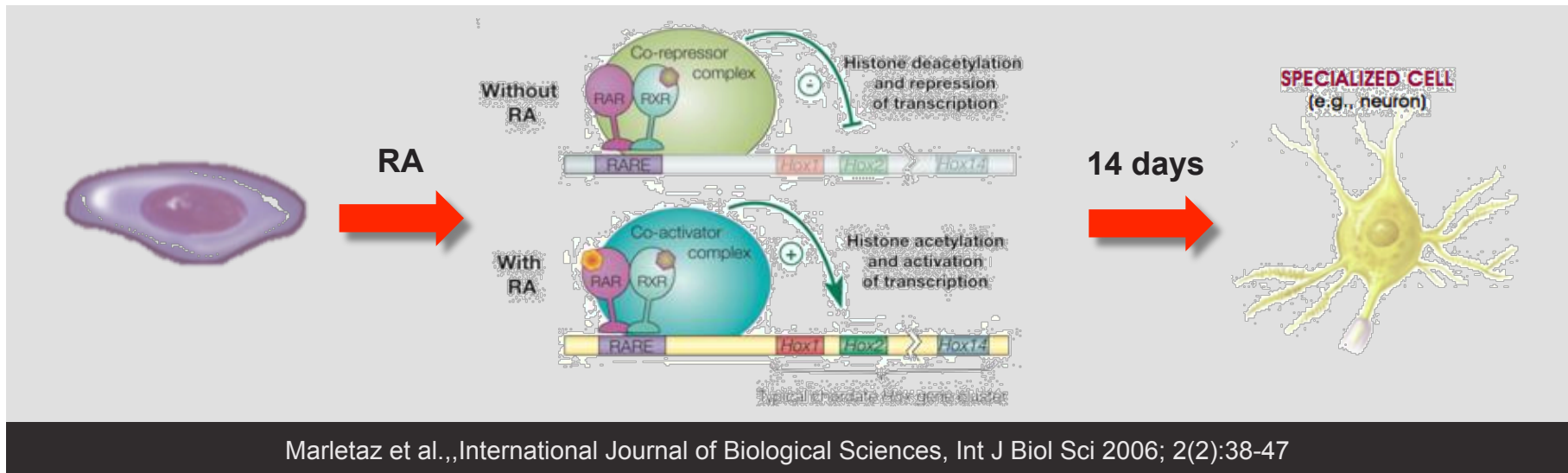
The transcription factors **Oct-4**, **Sox2** and **Nanog** are commonly used as markers for human embryonic stem cells



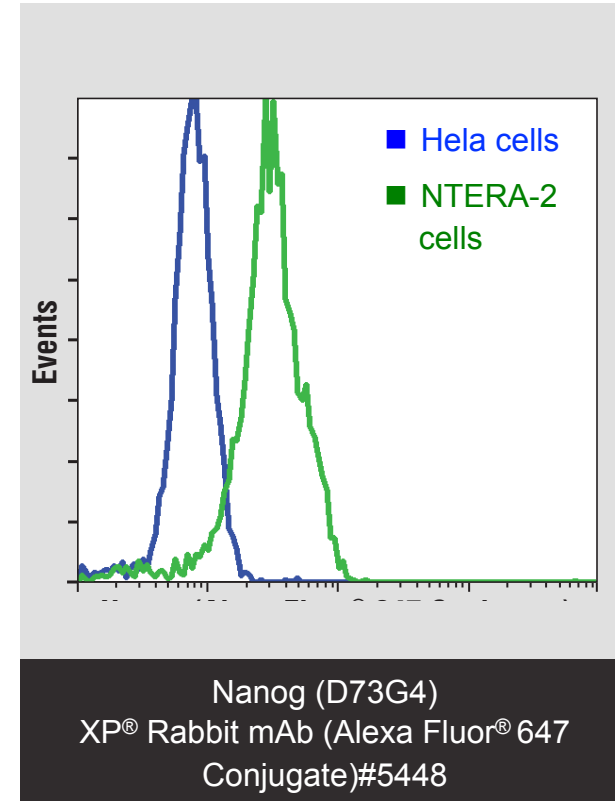
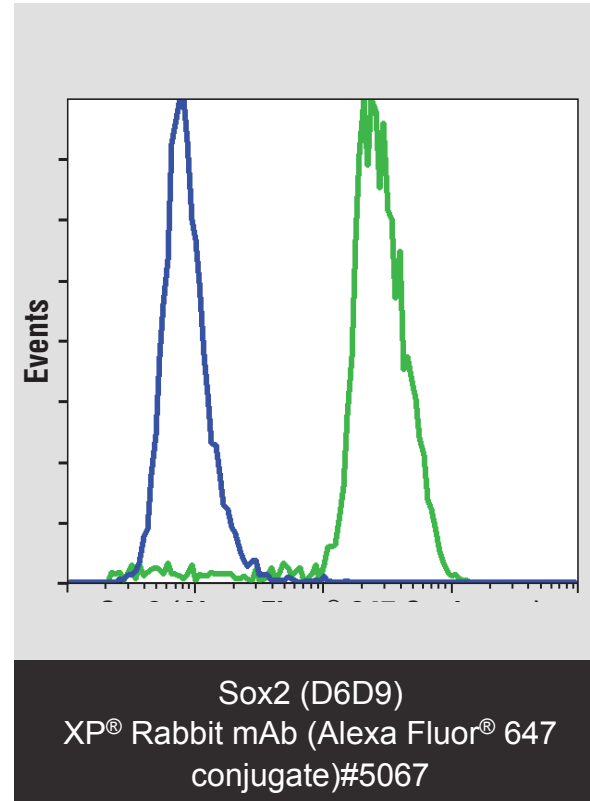
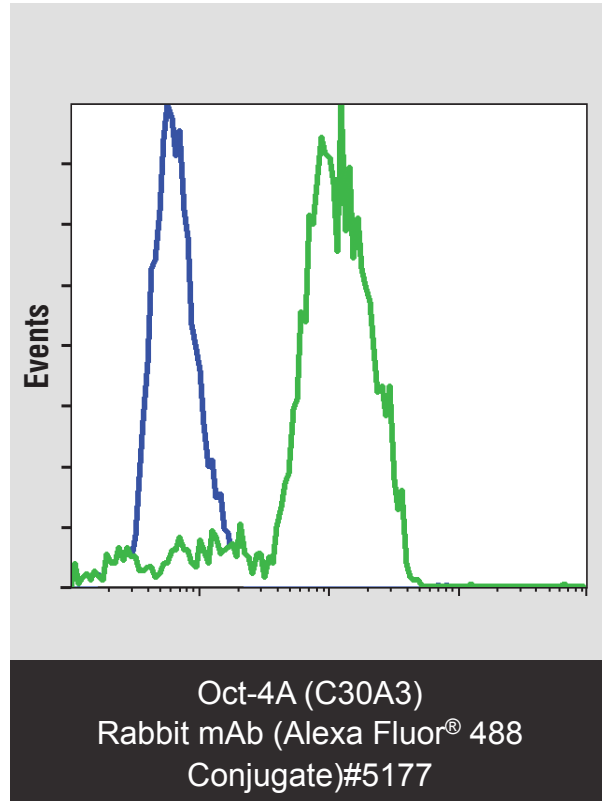
NTERA Differentiation Assay

NTERA 2 cells:

- Pluripotent human embryonal carcinoma cell; can give rise to teratocarcinomas
- Developmental and biochemical properties similar to early embryonic stem cells
- Differentiates in response to retinoic acid (RA); is a model for neuronal cell differentiation (Lee et al., The Journal of Neuroscience, February 1986, 6(2): 514-521)

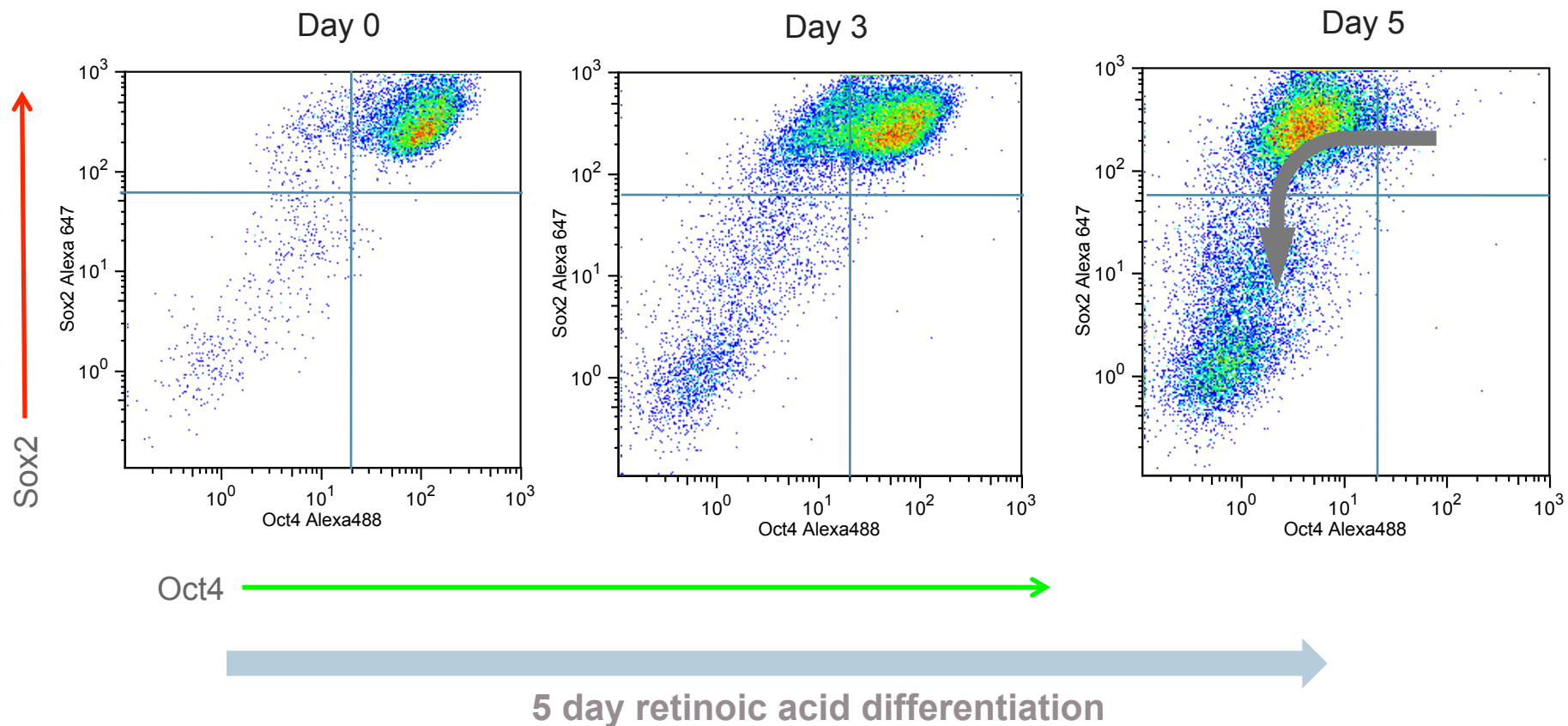


Analysis of pluripotency by flow cytometry



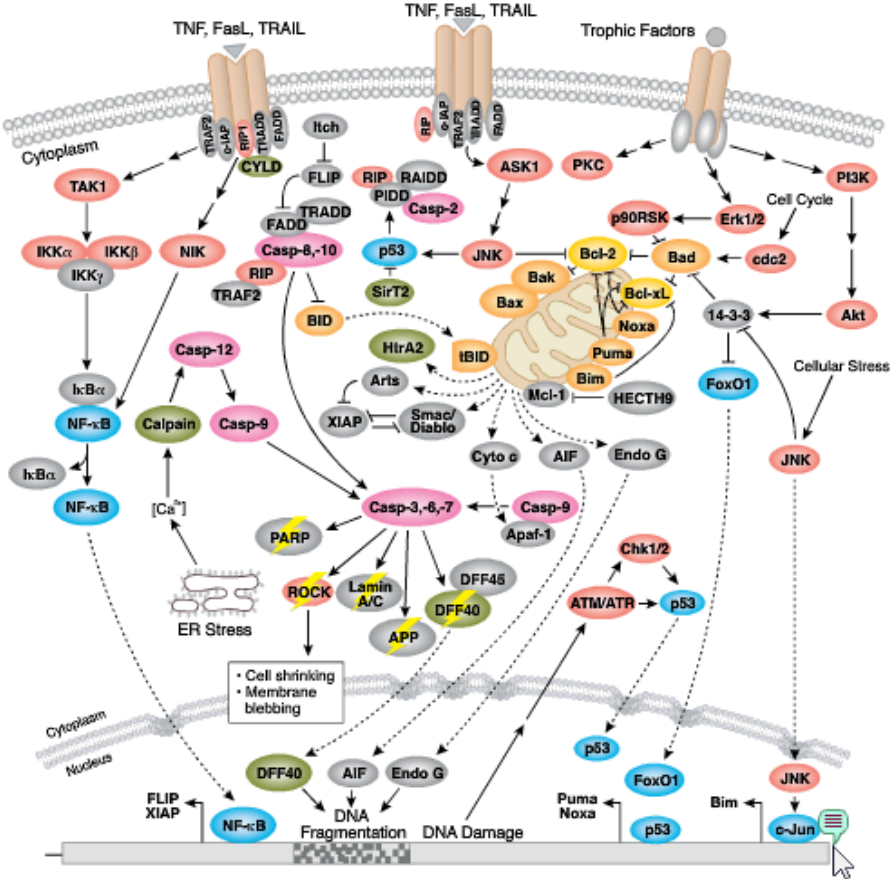
NTERA Differentiation Assay

- Oct4 and Sox2 levels decrease significantly after 5 Day RA induction



Analysis of apoptosis by flow cytometry

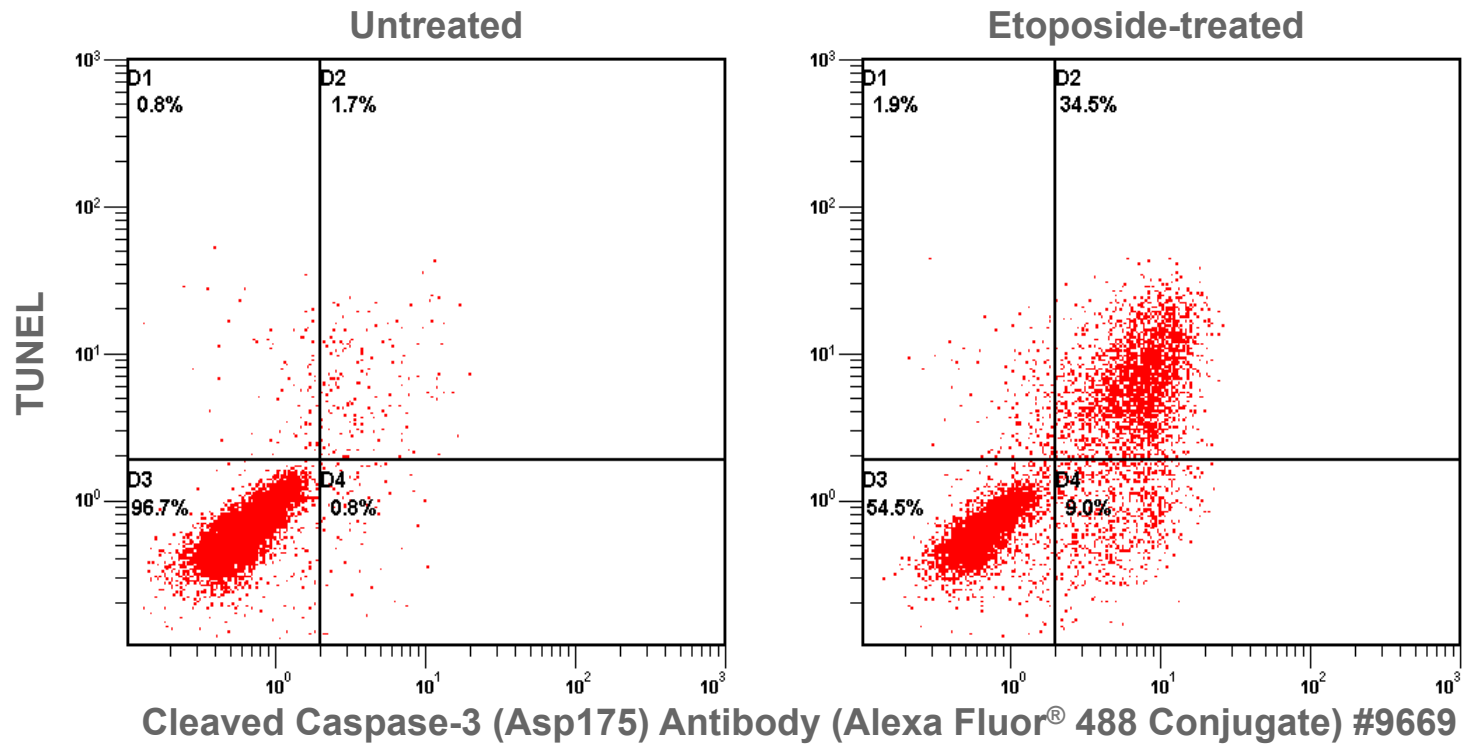
Regulation of Apoptosis Overview



Apoptosis is a complex process that needs a multiparametric approached to be fully defined

Analysis of apoptosis by flow cytometry

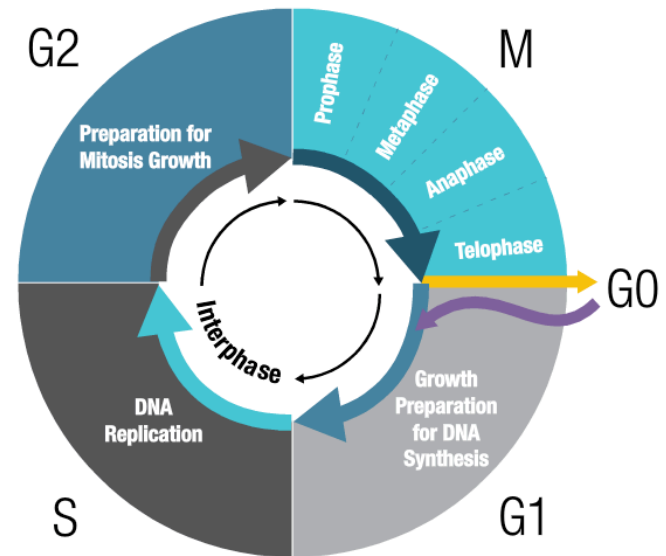
- Caspase 3 activation represents one of the earliest and easily measurable markers of apoptosis



Analysis of cell cycle phase-specific proteins

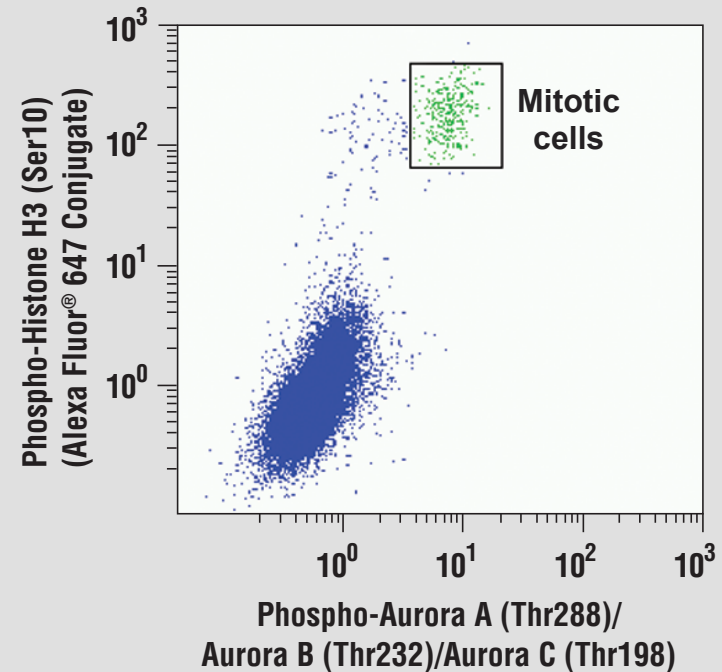
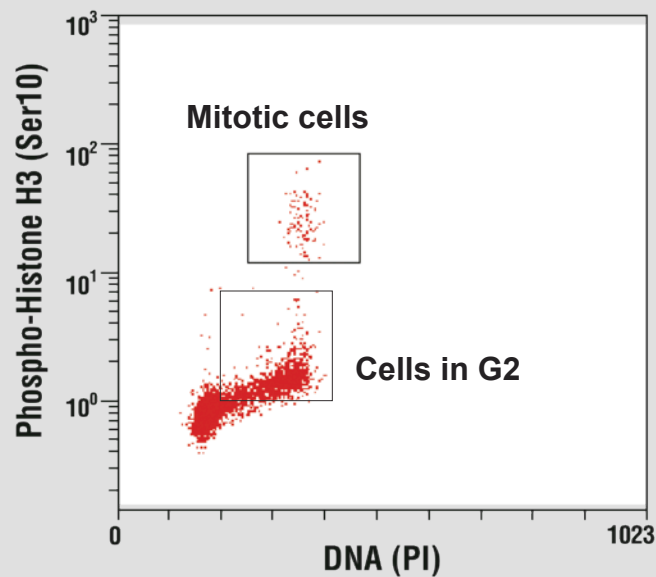
Cell-cycle analysis employs flow cytometry to distinguish cells in different phases of the cell cycle

Phases of the Cell Cycle



Using phospho-Histone H3 to study cell cycle

- Phosphorylation of Histone H3 is tightly correlated with chromosome condensation during both mitosis and meiosis



P-Histone H3 (Ser10) (D2C8) XP[®] Rabbit mAb (Alexa Fluor[®] 647 Conjugate) #3458

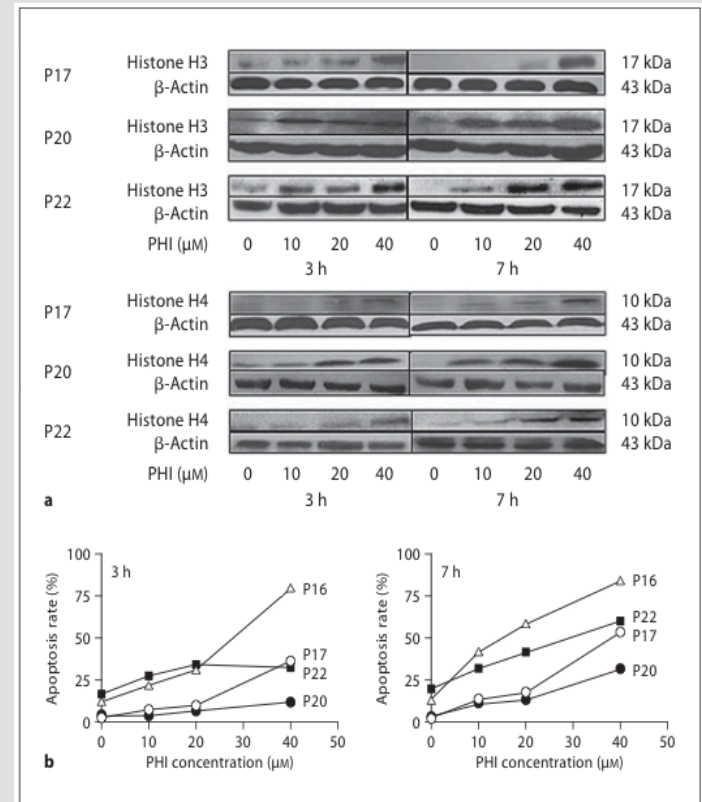
Propidium Iodide (PI)/RNase Staining Solution #4087

P-Aurora A (Thr288)/Aurora B (Thr232)/Aurora C (Thr198) (D13A11) XP[®] Rabbit mAb (Alexa Fluor[®] 488 Conjugate) #8525

Epigenetics flow cytometry

Study of heritable changes in gene expression that occur independent of changes in the primary DNA sequence

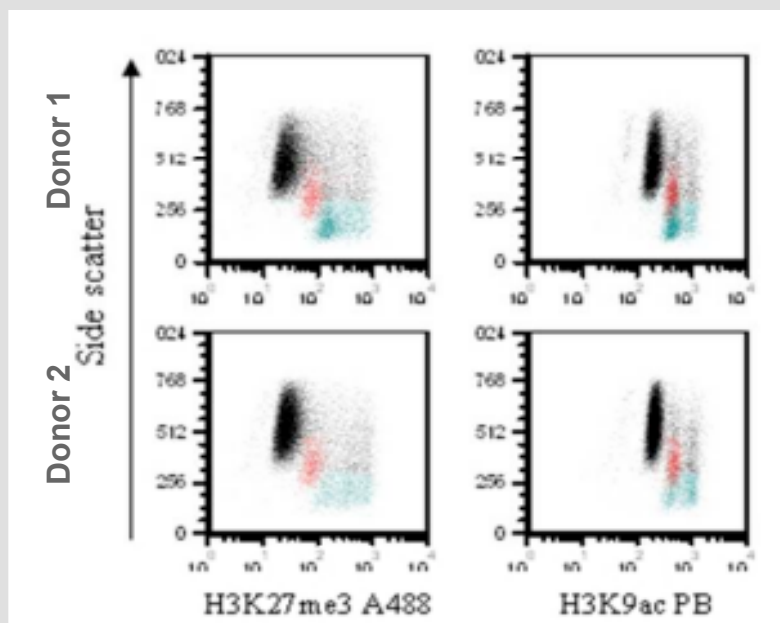
- Epigenetic modification include: methylation of DNA, modification of histones, modification of transcription factors
- Epigenetic aberrations well established in many diseases
- Epigenetic changes are reversible
- Current methods to study epigenetic changes
 - Western blot
 - Chromatin Immunoprecipitation (ChIP)



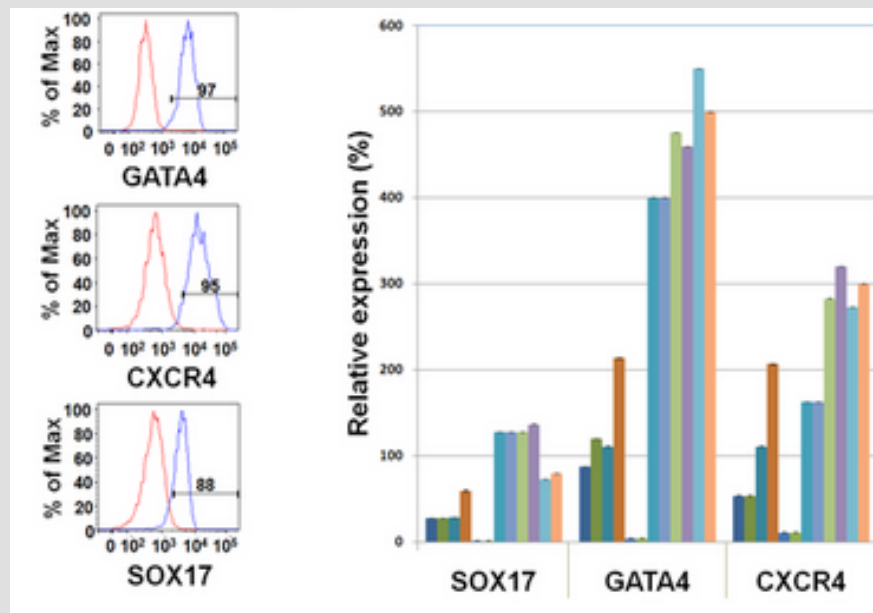
Deficient Histone Acetylation in Acute Leukemia...
Acta Haematologica, 2010, 123

Flow cytometry used to study epigenetic status

- Expression levels of histone marks (methylation, acetylation)
 - **Watson *et al*, Cytometry 2013** - Provides fix and perm optimizations!



- Transcription factor-based cell sorting followed by DNA/RNA analysis
 - **Pan *et al.*, PLOSOne, 2011**



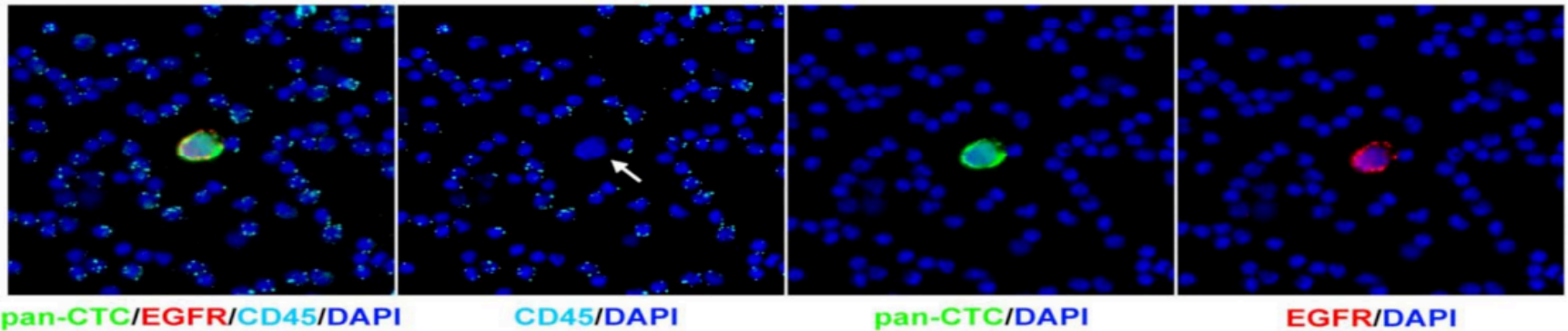
New Techniques!



ACD: CTCScope

- Detection of circulating tumor cells

The four-color assay system:



panCTC (Alexa488) - for CTC identification.

CD45 (Alexa647) - blood cell marker as negative selection marker and assay control

EGFR or HER2 (Alexa546) - for CTC profiling.

DAPI - Nuclei stain

Fluidigm: C1

- Enabling Single-Cell Gene Expression Analysis in Rare Events
Combining FACS and the C1Fluidigm System



FAQs

Your questions answered



Sample preparation for intracellular flow cytometry

- All samples for flow cytometry must be in liquid suspension
- Tissues must be disaggregated into single cell suspension
 - Mechanical disaggregation : Syringe plunger, cell strainer, scalpel blade
 - Density separation: ficol gradient
 - Chemical disaggregation: trypsin

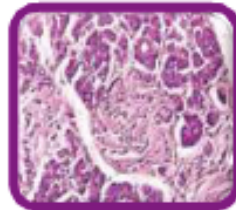
Liver



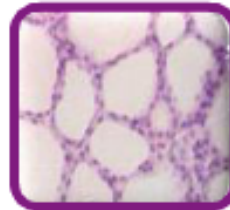
Thymus



Pancreas



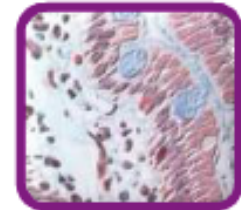
Thyroid



Lung



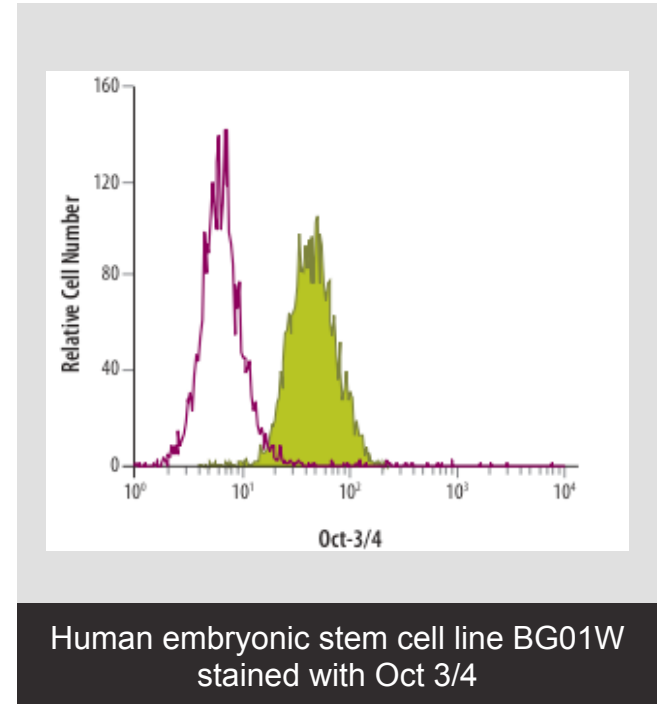
Intestine



Can I do intracellular-flow in adherent cells?

Will detachment methods alter significantly signaling events?

- Intracellular flow can be successfully performed in adherent cells
- An internal control is necessary
- Detach cells prior to fix and perm
- PBS/EDTA preferred to trypsin or mechanical detachment methods
 - Accutase - more specific for extracellular matrix molecules
 - Commercial, enzyme-free cell dissociation buffers
- Remove dead cells prior to fix and perm and staining



What fluorochromes do I use for intracellular targets?

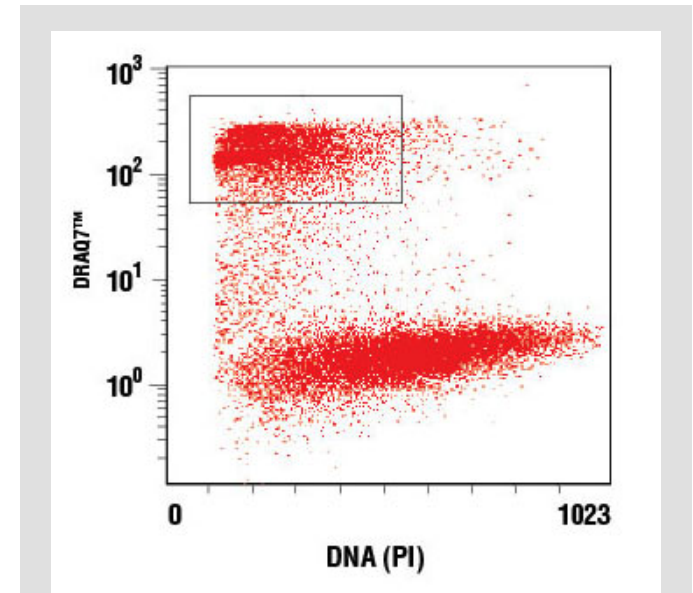
- Fluorochromes compatible with your cytometer (FACSCalibur A: blue, green, red and violet laser)
- Minimum Spectral Overlap – Avoid high compensation values
- Use the brightest fluorochrome for the lowest expressed protein – Stain index
- More stable and resistant to fixation fluorochrome for surface markers

Fluorochrome	Stain Index
PE-Cy5	353
PE	302
APC	278
Alexa Fluor® 647	214
PE-Cy7	139
PerCP-Cy5.5	107
Pacific Blue™	80
Alexa Fluor® 488	73
Alexa Fluor® 700	61
FITC	56
APC-Cy7	37
PerCP	37
AmCyan	25

Maecker & Trotter, 2008

What can I use as a viability marker?

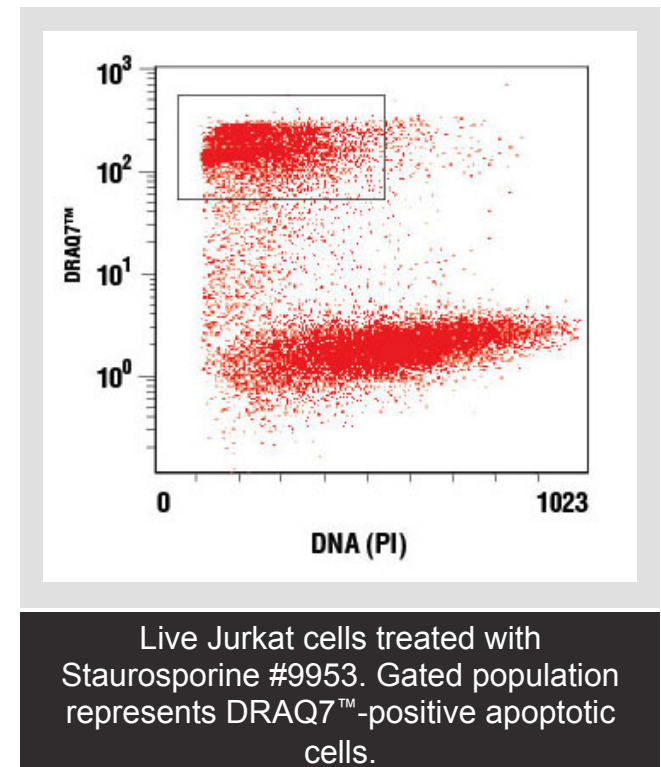
- DRAQ7™ #7406: far-red fluorescent DNA dye
- Only stains membrane-compromised, dead or permeabilized cells
- Can be used in combination with GFP, AlexaFluor® 488 and PE (excitation: blue-to-red, emission: >675nm)
- Highly photo-stable
- Unique for real-time viability:
 - Smith et al., *Cytometry A*. 2013, 83
 - Akagi et al., *Cytometry A*. 2013, 83
- Unlike DAPI or PI does not need compensation



Live Jurkat cells treated with Staurosporine #9953. Gated population represents DRAQ7™-positive apoptotic cells.

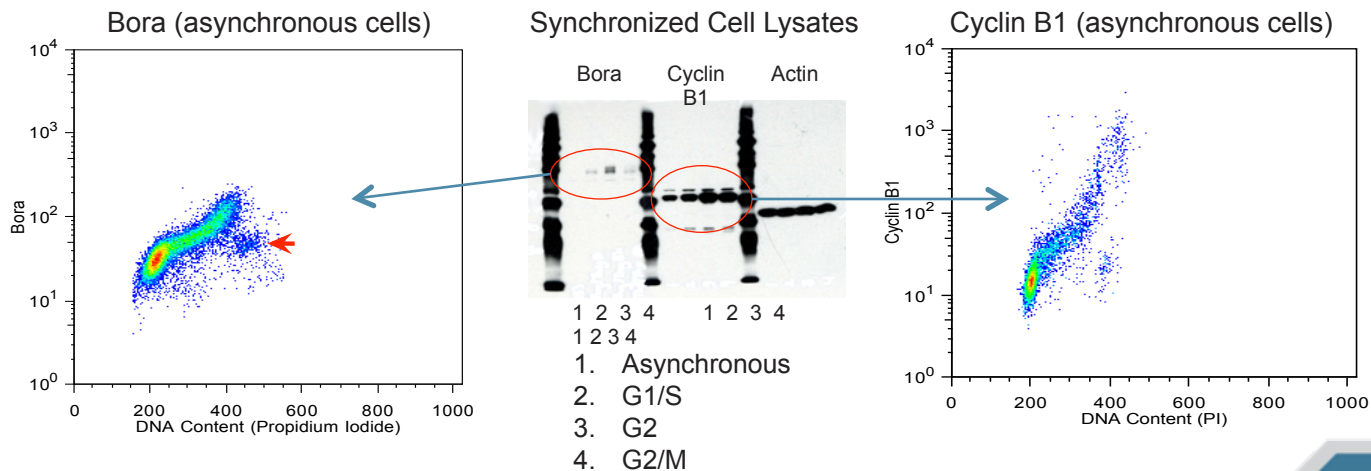
What can I use as a viability marker?

Viability marker	Channel occupation	Emission max
DRAQ7™	Allows all 4 major colors	694
7-AAD	Occludes AlexaFluor 647 (partially)	647
PI	Occludes PE, APC	617
TOTO-3	Accludes APC	642
DAPI	Occludes GFP	458



How do I analyze cell cycle data?

- Use of cyclins: cyclin A is expressed in late S and G2 phase and degraded during mitosis. Cyclin B1 is expressed during G1 phase
- Phospho-Histone H3: phosphorylation correlated to both mitosis and meiosis
- Bora: peak expression in G2 phase
- All antibodies can be plotted against each other or against DNA dyes (PI/DAPI)
- Jacobberger et al., 2011. Flow cytometry protocols, Methods in Molecular Biology, Gong et al., 2008 Cell proliferation



Technical support

Our help to you



Technical support

The same scientists who develop and validate all CST™ antibodies are available as technical resources to help you at any stage in your research

Application support provided by the Flow Cytometry group

- Protocol-fixation/perm/staining
- Antibody concentrations
- Has antibody been tested/validated for flow cytometry?
- Recommendations for the best antibody for your experiment when multiple options are available

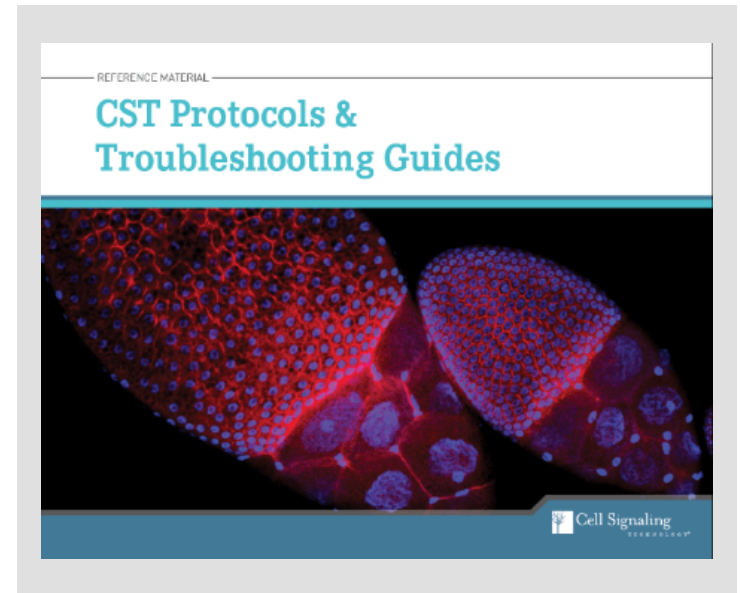


Contact us at:
eusupport@cellsignal.eu

Optimized protocols available

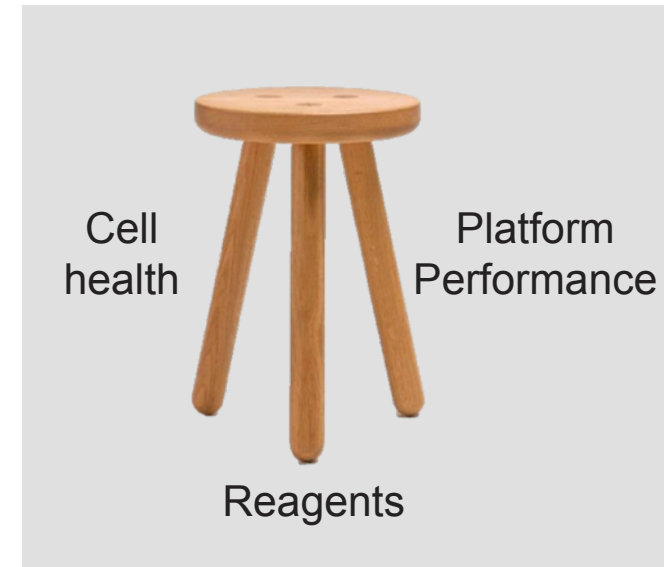
The most common troubleshooting cases can be solved using CST optimized protocols

- We test our products to obtain the best possible results
- We strongly recommend using our optimized application-specific protocols for each product
- These guarantee accurate and reproducible results



Take-home message

- Antibody-antigen interactions are complex - No protocol fits all
- Your assay is only as good as your reagents
- Don't assume any commercial antibody will work with your assay: Carefully review validation procedures
- CST validates each antibody and optimizes protocols for flow cytometry



When in doubt, ask us!

eusupport@cellsignal.com

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Founded by research scientists in 1999, Cell Signaling Technology (CST) is a private, family-owned company with over 400 employees worldwide. Active in the field of applied systems biology research, particularly as it relates to cancer, CST understands the importance of using antibodies with high levels of specificity and lot-to-lot consistency. It's why we produce all of our antibodies in house, and perform painstaking validations for multiple applications. And the same CST scientists who produce our antibodies also provide technical support for customers, helping them design experiments, troubleshoot, and achieve reliable results. We do this because that's what we'd want if we were in the lab. Because, actually, we are.